



# Gilster-Mary Lee Food Service

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PRODUCT SPECIFICATIONS			
<b>Label:</b> GMLFS	<b>Pack Size:</b> 50 LB BG	<b>Case Dim.:</b> 26 X 15 X 7.5	
<b>Description:</b> QUICK OATS	<b>Net Wt.:</b> 50 LBS	<b>Storage:</b> DRY 50°-85°F	
<b>MFG Item #:</b> 71923 64196	<b>Gross Wt.:</b> 51 LBS	<b>Shelf Life:</b> 365 DAYS	
<b>14-digit GTIN:</b> 000 71923 64196 0	<b>Cube:</b> 2.9170	<b>Date Code:</b> Expiration	
<b>12-digit UPC:</b>	<b>Pallet TI-HI:</b> 3 X 10	<b>Kosher:</b> YES	
NUTRITIONAL INFORMATION			
<b>Serving Size:</b> ½ CUP (45g) DRY	<b>INGREDIENT STATEMENT</b>		
<b>Svg/Container:</b> APPROX 504			
	<b>AMOUNT PER SERVING - DRY</b>	<b>CEREAL W/1/2 CUP SKIM MILK</b>	
<b>Calories:</b>	170	210	<b>INGREDIENTS:</b> ROLLED OATS
<b>Fat Calories:</b>	25	30	
	<b>% DAILY VALUE*</b>		MANUFACTURED ON SHARED EQUIPMENT WITH PRODUCTS CONTAINING: SOY, WHEAT  <b>CLAIMS: "WHOLE GRAIN"</b>
<b>Total Fat:</b>	3g 4%	5%	
<b>Saturated Fat:</b>	0.5g 3%	3%	
<b>Trans Fat:</b>	0g		
<b>Cholesterol:</b>	0mg 0%	1%	
<b>Sodium:</b>	0mg 0%	3%	
<b>Total Carbohydrates:</b>	29g 10%	12%	
<b>Dietary Fiber:</b>	4g 17%	17%	
<b>Sugars:</b>	0g		
<b>Protein:</b>	7g		
<b>Vitamin A:</b>	0%	6%	
<b>Vitamin C:</b>	0%	2%	
<b>Calcium:</b>	0%	15%	
<b>Iron:</b>	8%	8%	

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower, depending on your calorie needs.