

WEISENBERGER MILLS INC

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The product formulation for product # 220030, White Combread Mix 6/5# is:

Whole grain white corn meal, wheat flour, comstarch, vegetable shortening, lecithin, buttermilk, dried eggs, salt, sodium bicarbonate and moncalcium phosphate.

All of the corn meal that we grind at Weisenberger Mills is whole grain and has not been de-germed.

Nutrition Facts	
Serving Size 1/4 cup (30g)	
Amount Per Serving	
Calories 120	Calories from Fat 35
%Daily Value*	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 1g	
Cholesterol 10mg	3%
Sodium 330mg	14%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	
Calcium 6%	Iron 8%
Not a significant source of vitamin A, vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet.	

Philip Weisenberger

