



AUNT JEMIMA SELF RISING FLOUR – 5 lbs.

Nutrition Facts

Serving Size 3 Tbsp. (27 g)

Amount Per Serving

Calories 90

	% Daily Value*
Total Fat 0g	0%
Sodium 310 mg	13%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	3%
Protein 3g	
Calcium	8%
Iron	6%
Thiamin	10%
Riboflavin	6%
Niacin	6%
Folic Acid	10%

Not a significant source of Calories from Fat, Saturated Fat, Trans Fat, Cholesterol, Sugars, Vitamin A and Vitamin C
 *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), SALT.

CONTAINS WHEAT INGREDIENTS.

Case UPC	100-00000- 08948-4
Package UPC	0-30000-08940-8
Case Pack	8/ 5 lb.
Kosher Status	Yes- Pareve
Document Updated	6/14

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.