

GFS® Mashed Potato Granules Complete Recipe, with Vit C, low sodium, 720 half-cup servings per case, convenient, 10/49 oz

SKU 303488

PACKAGING

GTIN:	10093901303483	Unit Size:	49 OZ
Kosher (O-U):	DAIRY	Pallet High:	4
Unit Quantity:	10	Pallet Tier:	13
Shelf Life:	365 Days (minimum)	Case Net Weight (imperial):	30.63 LB
Case Gross Weight (imperial):	32.16 LB	Case Length (imperial):	14.125 IN
Case Width (imperial):	8.875 IN	Case Cube (feet):	0.83
Case Height (imperial):	11.500 IN		

NUTRITION

Nutrition Facts

Serving Size 1/2 cup (4 fl oz) prepared - salt, margarine

Amount Per Serving		Calories from Fat 14	
		% Daily Value*	
Total Fat 1.5 g			2%
Saturated Fat 0.3 g			2%
Trans Fat 0.3 g			
Cholesterol 0.1 mg			0%
Sodium 195 mg			8%
Total Carbohydrate 15 g			5%
Dietary Fiber 1.3 g			5%
Sugars 0.8 g			
Protein 1.7 g			
Vitamin A 63 %	•	Vitamin C 21.9 %	
Calcium 11 %	•	Iron 0.2 %	
Niacin 1 %	•	Phosphorous 36 %	
Riboflavin 0.1 %	•	Thiamin 0.11 %	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

GENERAL DESCRIPTION

Value Mashed Potato. Convenient Pouch Format. Fortified with Vitamin C. Just add water and machine mix for a value mashed potatoes in under 12 minutes. Great for High Volume Operations Select USA potatoes combined with complete butter flavor and dairy blends. Serve as is or add recipe ingredients for a signature menu item. 20 mg sodium per half-cup serving. A value product with a yield of 72 half-cup servings per pouch and 720 half-cup servings per case. This product participates in the USDA Commodity Program

LIST OF INGREDIENTS

Potatoes, whey product [contains one or more of the following: whey solids, sodium caseinate (a milk product), calcium caseinate (a milk product), calcium phosphate, calcium hydroxide], mono and diglycerides, Vitamin C (ascorbic acid), calcium stearoyl-2-lactylate. Freshness preserved with sodium bisulfite and BHT.

PREPARATION AND COOKING INSTRUCTIONS

1. Pour: 7 quarts of boiling water and 5 tsp of salt into mixing bowl. (Optional: Add Butter) 2. Add Potatoes and Mix: using whip attachment, mix on low and slowly add potatoes. Mix for one minute. Scrape bowl, whip on high until fluffy (3-5 minutes). 3. Serve. Add more boiling water to make potatoes thinner or more potatoes to make thicker. For varying quantities add 1 part potatoes to 2 parts boiling water.

SUGGESTED USES

Consistent results when prepared as directed. Vitamin C added for extra nutrition. Easy preparation - mix with boiling water and salt. Economical and nutritious vegetable.