



AUNT JEMIMA BUTTERMILK COMPLETE PANCAKE & WAFFLE MIX – 5 lbs.

Nutrition Facts	
Serving Size 1/3 Cup Mix (47 g) Approx. 4- 4" pancakes	
Amount Per Serving	
Calories 150	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%
Potassium 60mg	2%
Total Carbohydrate 31g	10%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 5g	
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	10%
Thiamin	15%
Riboflavin	10%
Niacin	10%
Folic Acid	10%
Phosphorus	20%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE, DRIED BUTTERMILK, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, WHEAT GLUTEN, CALCIUM CARBONATE, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO AND DIGLYCERIDES, LACTIC ACID.

CONTAINS WHEAT AND MILK INGREDIENTS.
MAY CONTAIN TRACES OF EGG.

Case UPC	100-30000- 43272- 0
Package UPC	0-30000-43272-3
Case Pack	6/ 5 lb.
Kosher Status	Yes- Dairy
Document Updated	6/13

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.