

#### WHOLE GRAIN CRUNCHY BREADED WILD CAUGHT POLLOCK WEDGE 3.6 OZ PORTIONS

CRUNCHY WHOLE GRAIN BREADED POLLOCK WEDGES 3.6 OZ. TRIDENT SEAFOODS' LINE OF WHOLE GRAIN BREADED AND UNBREADED ALASKA POLLOCK ITEMS ALLOW YOU TO MEET CHANGING NSLP CHILD NUTRITION GUIDELINES WHILE CONTINUING TO PROVIDE THE SAME GREAT TASTING PRODUCTS YOUR STUDENTS HAVE ALWAYS LOVED. ALL NATURAL, SUSTAINABLY HARVESTED AND COATED WITH CRISPY WHOLE GRAIN CRUMB OR POTATO CRUST. TRIDENT CHILD NUTRITION PRODUCTS ALLOW



Product Last Saved Date:14 June 2018

#### **Nutrition Facts**

44 Servings per container

Serving Size	1 PIECE (102 g)

#### Amount Per Serving Calories

180

Calories		100
	%	Daily Value*
Total Fat 8 g		12%
Saturated Fat	1.5 g	8%
Trans Fat 0	g	
Cholesterol 4	0 mg	13%
Sodium 280 m	g	12%
Total Carbohydra	<b>te</b> 14 g	5%
Dietary Fiber 2	2 g	8%
Total Sugars	0 g	
Includes	g Added Sugars	%
Protein 14 g		
Vitamin D mg		%
Calcium mg		2%
Iron mg		6%
Potassium mg		%

#### **Product Specifications:**

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
418320	327162	00028029183207	1 X 10 LBR	

Brand Brand Owner		Brand Owner	GPC Description				
	Trident Seafoods	Trident Seafoods Corp.	Fish - Prepared/Processed (Frozen)				

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition	
11.5 LBR	10 LBR	USA	Undeclared	Yes	

Shipping Information							
Length	Width	th Height Volume TlxHI		Shelf Life Storage Temp From			
15 INH	9.938 INH	6.25 INH	.5392 FTQ	12x 7	730	-10 FAH / 0 FAH	

#### Ingredients:

T13% FISH (IALASKA POLLOCK), 28.7% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, WATER, SOY FLOUR, DEXTROST, EXTRACTIVES OF PAPRIKA, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, SPICE EXTRACT, SPICE). CONTAINS FISH (ALASKA POLLOCK), WHEAT, SOY.

# Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Eggs - N Milk - N Peanuts - N Soy - C Wheat - C TreeNuts - N Fish - C Crustacean - N

#### **Handling Suggestions:**

nutrition advice

KEEP FROZEN AT 0 DEGREES F OR BELOW. DESIGNED TO COOK FROM FROZEN.

#### Benefits

ONCE FROZEN GENUINE ALASKA POLLOCK. NSLP COMPLIANT WHOLE GRAIN BREADING USDA COMMODITY APPROVED OPTIONS.

#### Serving Suggestions :

SERVE WITH YOUR FAVORITE DIPING SAUCE WITH YOUR FAVORITE SIDE DISH.

#### **Prep & Cooking Suggestions:**

COOKING INSTRUCTIONS:\* KEEP FROZEN UNTIL READY TO COOK. THAWING IS NOT RECOMMENDED – COOK FROM FROZEN. CONVECTION OVEN: PREHEAT TO 375° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 15 TO 18 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS. CONVENTIONAL OVEN: PREHEAT TO 425° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 20 TO 26 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS. MICROWAVE COOKING IS NOT RECOMMENDED. \*COOKING TIMES AND TEMPERATURES MAY VARY SUBSTANTIALLY. INTERNAL TEMPERATURE SHOULD BE AT LEAST 165°F. WE STRIVE TO PRODUCE A FULLY "BONELESS" PRODUCT. AS WITH ALL FISH, HOWEVER, OCCASIONAL BONES MAY STILL BE PRESENT.

#### More Information:

EMAIL: 1-866-413-4749 consumeraffairs@tridentseafoods.com

## **CHILD NUTRITION**

Premium Quality, once-frozen Wild Alaska Pollock

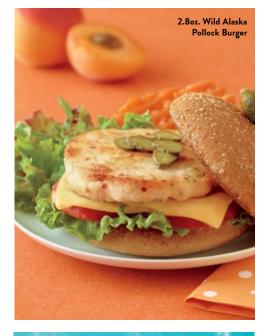








# PRODUCTS THAT MEET ALL YOUR NEEDS 100% "Buy American" compliant, Trident Seafoods' line of whole-grain breaded and unbreaded Wild Alaska Pollock items allow you to meet changing NSLP Child Nutrition Guidelines while continuing to provide the same great-tasting products your students have always loved. All natural, sustainably harvested, and coated with crispy whole-grain or potato crust, Trident's Child Nutrition products keep you ahead of the curve – easily and affordably.









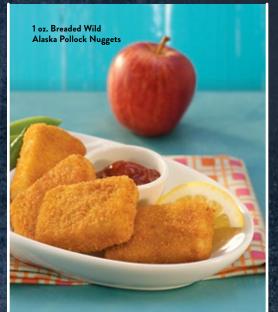
# MEET COD'S DELICIOUS COUSIN



WILD ALASKA POLLOCK
IS A MEMBER OF THE COD
FAMILY, WITH A SIMILAR

FLAVOR, TEXTURE, AND APPEARANCE





**WILD ALASKA POLLOCK** 



#### IS THE MOST ABUNDANT

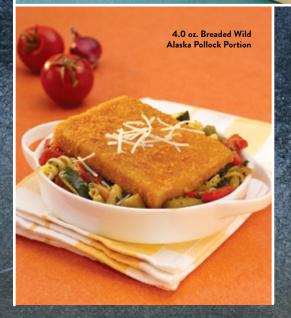
**CERTIFIED-SUSTAINABLE**WILD FISH IN THE WORLD





# WILD ALASKA POLLOCK HAS A LOWER CARBON FOOTPRINT

THAN BEEF, CHICKEN, PORK, AND MOST OTHER LAND-BASED PROTEINS



IS AN
EXTRA-LEAN
PROTEIN

THAT IS NATURALLY LOW
IN SATURATED FAT

AND CHOLESTEROL

IT IS ALSO A NATURAL SOURCE OF OMEGA-3 FATTY ACIDS AND HIGH IN VITAMIN B12



### **HEALTHY SEAFOOD, HEALTHY KIDS**

Trident Seafoods' line of whole-grain breaded and unbreaded Wild Alaska Pollock items allow you to meet changing NSLP Child Nutrition guidelines while continuing to provide the same great-tasting products your students have always loved. All natural, sustainably harvested and coated with crispy whole-grain crumb or potato crust, Trident Child Nutrition products allow you to be ahead of the curve — easily and affordably.

For more information including recipes and ingredient statements, please visit tridentseafoods.com



#### GENUINE ALASKA POLLOCK PRODUCERS: THE WORLD'S BEST WILD SEAFOOD FROM A SUSTAINABLY MANAGED FISHERY

Trident Seafoods is dedicated to the healthy future of America's school nutrition programs. That's why we continue to offer new and exciting products in our Child Nutrition line of premium, once-frozen Wild Alaska Pollock items. The Genuine Alaska Pollock Producers logo (www.alaskapollock.org) — together with Trident's own "source

to plate" traceability system — is your assurance that the seafood we offer schools has been wild-caught sustainably by a modern U.S. fishing vessel in the pristine waters off Alaska. The GAPP logo also guarantees that the portions you buy from Trident are processed at their peak of freshness and "once frozen" to maintain their mild flavor and natural flaky texture.



Wild Alaska Pollock is available to schools through the USDA Food Program, and Trident Seafoods is leading the way with a selection of qualifying products in a wide variety of popular formats.

Serve seafood affordably with our premium line of whole grain breaded and unbreaded Child Nutrition items that already meet or exceed the USDA guidelines. Ask your distributor today — many of your longtime favorites are eligible for commodity processing.

#### **PACK INFORMATION**

ITEM#	DESCRIPTION	MEAT EQUIVALENT	BREAD SERVINGS	PACK SIZE	APPROX. PIECES PER CASE	SERVINGS PER CASE	GTIN#
418300	WG BRD 1.0 OZ WILD ALASKA POLLOCK OCEAN TREASURES™	2.00	1.50	1/10	160	40	0 00 28029 18300 9
418319	WG BRD 1.0 OZ WILD ALASKA POLLOCK HIDDEN TREASURES (W/CHEESE)	2.00	1.50	1/10	160	40	0 00 28029 18319 1
418305	WG BRD 1.0 OZ WILD ALASKA POLLOCK NUGGET*	2.00	1.50	1/10	160	40	0 00 28029 18305 4
427203	WG BRD 1.0 OZ WILD ALASKA POLLOCK STICK*	2.00	1.50	1/10	160	40	0 00 28029 27203 1
418301	WG BRD 1.0 OZ WILD ALASKA POLLOCK ALL-NATURAL ULTIMATE™ FISH STICK	2.00	1.50	1/10	160	40	0 00 28029 18301 6
418304	WG BRD 1.0 OZ WILD ALASKA POLLOCK BAJA FISH STICK*	2.00	1.25	1/10	160	40	0 00 28029 18304 7
422071	WG BRD 1.0 OZ POTATO COATED WILD ALASKA POLLOCK STICK*	2.00	0.75	1/10	160	40	0 00 28029 220711
418303	WG BRD 1.5 OZ CORNMEAL WILD ALASKA POLLOCK STRIP*	2.00	1.50	1/10	106	35	0 00 28029 18303 0
418317	WG BRD 3.0 OZ WILD ALASKA POLLOCK PORTION*	1.50	1.00	1/10	53	53	0 00 28029 18317 7
425226	WG BRD 3.6 OZ SPICY WILD ALASKA POLLOCK PORTION*	2.00	1.00	1/10	44	44	0 00 28029 25226 2
418302	WG BRD 3.6 OZ WILD ALASKA POLLOCK PORTION*	2.00	1.00	1/10	44	44	0 00 28029 18302 3
418320	WG BRD 3.6 OZ WILD ALASKA POLLOCK WEDGE*	2.00	1.00	1/10	44	44	0 00 28029 18320 7
422072	WG BRD 3.6 OZ POTATO COATED WILD ALASKA POLLOCK WEDGE*	2.00	0.50	1/10	44	44	0 00 28029 22072 8
418318	WG BRD 3.6 OZ WILD ALASKA POLLOCK HOAGIE*	2.00	1.00	1/10	44	44	0 00 28029 18318 4
418321	WG BRD 4.0 OZ WILD ALASKA POLLOCK PORTION*	2.00	1.25	1/10	40	40	0 00 28029 18321 4
418306	WG 4.0 OZ BATTERED WILD ALASKA POLLOCK WEDGE*	2.00	1.00	1/10	40	40	0 00 28029 183061
417450	2.6 OZ UNBREADED WILD ALASKA POLLOCK SERPENTINE CUT PORTION*	2.00	0.00	1/10	61	61	0 00 28029 17450 2
422147	2.8 OZ UNBREADED WILD ALASKA POLLOCK BURGER*	1.75	0.00	1/10	57	57	0 00 28029 22147 3

\* INDICATES USDA COMMODITY PROGRAM ELIGIBLE PRODUCT.



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www.TridentSeafoods.com





# 3.6 oz. Crunchy Breaded Fish Portions

WEDGE PORTIONS



EST.NO. 391#

CN-

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One precooked breaded fish portion (3.6 oz. each) provides 2.00 oz. equivalent meat and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and child statement authorized by the Food and Nutrition Service, USDA, 00/0000).

CN-

COOKING INSTRUCTIONS:\*

KEEP FROZEN UNTIL READY TO COOK. THAWING IS NOT RECOMMENDED - COOK FROM FROZEN. CONVECTION OVEN: PREHEAT TO 375° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 15 TO 18 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS. CONVENTIONAL OVEN: PREHEAT TO 425° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 20 TO 26 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS. MICROWAVE COOKING IS NOT RECOMMENDED.

\*COOKING TIMES AND TEMPERATURES MAY VARY SUBSTANTIALLY. INTERNAL TEMPERATURE SHOULD BE AT LEAST 185°F. WE STRIVE TO PRODUCE A FULLY BONELESS PRODUCT AS WITH ALL FISH, HOWEVER, OCCASIONAL BONES MAY STILL BE PRESENT.

QUICK FROZEN OVEN READY NET WT. 10 LB. (4.54kg) INGREDIENTS: 71.3% FISH (ALASKA POLLOCK), 28.7% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, ODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, WATER, SOY FLOUR, DEXTROSE, EXTRACTIVES OF PAPRIKA, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, SPICE EXTRACT, SPICE). CONTAINS FISH (ALASKA POLLOCK), WHEAT, SOY.

CFN/FEI#: ###### 391#



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TRIDENT SEAFOODS CORP., 5303 SHILSHOLE AVE NW SEATTLE, WA 98107