

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / CORN, FROZEN: 10071179187332 Simplot Simple Goodness™ Simply Sweet Cut Corn, 12/2.5 LB. To be packed to U.S. Grade A Standard.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.91 oz.	½ cup cooked vegetable	13.74	164.94

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen, Whole Kernel Includes USDA Foods	Starchy	2.91	x	11.00 / 16	2.00
Each 2.91 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																								
Corn.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.91 oz (82g)</td> </tr> <tr> <td>Amount per serving</td> <td></td> </tr> <tr> <td>Calories</td> <td>90</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 2g</td> <td>3%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 0mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 15g</td> <td>5%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 7g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 3g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 179mg</td> <td>4%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.91 oz (82g)	Amount per serving		Calories	90	% Daily Value*		Total Fat 2g	3%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 0mg	0%	Total Carbohydrate 15g	5%	Dietary Fiber 2g	7%	Total Sugars 7g		Includes 0g Added Sugars	0%	Protein 3g		Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 0mg	0%	Potassium 179mg	4%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																								
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																								

COOKING INSTRUCTIONS	
Stove Top	Add one bag of frozen vegetables to 1 cup of water and bring to a boil in a large saucepan. Cover and simmer for 7 minutes, stirring frequently.
Microwave (1100 Watts)	Add one bag of frozen vegetables and 2 Tbsp. of water to a microwave safe dish. Cover and cook on HIGH for 14 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					
Gross Weight	31.25 LB	Case Cube (ft.³)*	0.92	Pallet TI / HI*	10 / 6
Outer Case Dimensions (L x W x H)*	16.375" x 11.375" x 8.50"			Shelf-Life	24 months

*Information may vary slightly by production facility

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist