

PRODUCT: ALL PURPOSE VEGETABLE SHORTENING

PRODUCT NUMBER: 30551 (12/3 lb)

INGREDIENTS: PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, VEGETABLE MONO & DIGLYCERIDES.

Nutrition Facts	
Serving Size 1 Tbsp (13g)	
Servings Per Container About 105	
Amount Per Serving	
Calories 120	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 3g	15%
Trans Fat 2.5g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 4.5g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

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