

# Simply Sauce WG Breaded Shrimp Poppers, CN

Our bite-sized portions of whole grain breaded Pollock, Salmon, and Shrimp come conveniently packed with Sweet Asian Sauce in the case for an easy way to add fun and bold flavor to school menus.



## Nutrition Facts

53 Servings per container

**Serving Size** **3/4 Cup**

Amount Per Serving

**Calories** **170**

% Daily Value\*

**Total Fat** 7 g **9%**

Saturated Fat 1 g **6%**

Trans Fat 0 g

**Cholesterol** 45 mg **14%**

**Sodium** 340 mg **15%**

**Total Carbohydrate** 19 g **7%**

Dietary Fiber 3 g **9%**

Total Sugars 1 g

Includes g Added Sugars **%**

**Protein** 9 g

Vitamin D mg %

Calcium 40 mg 4%

Iron 1.4 mg 8%

Potassium mg %

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Code	GTIN	Pack	Type Of Catch
26242	10035493262427	2 X 5 LBR	

Brand	GPC Description
High Liner Foodservice	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10.0 LBR	USA, COL, ECU, GUY, NIC, PAN, PER, SUR	No	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
15.8 INH	7.8 INH	8.6 INH	0.6 FTQ	15x5	547 Days	-15 FAH / -14 FAH

### Ingredients:

60.0% SEAFOOD RAW MATERIAL (MINCED SEABOB SHRIMP, WATER, SOY PROTEIN CONCENTRATE, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CELLULOSE, SEASONING BLEND [WHEAT FLOUR, MODIFIED CELLULOSE, SODIUM ALGINATE, GUAR GUM, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)], SALT, NATURAL & ARTIFICIAL FLAVORS, SODIUM BISULFITE (AS A PRESERVATIVE)); 40.0% BATTER AND BREADING: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: SUGAR, ONION POWDER, GARLIC POWDER, WHOLE YELLOW CORN MEAL, SALT, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SPICES, CORN SYRUP SOLIDS, CITRIC ACID, CONCENTRATED LEMON JUICE, CALCIUM CHLORIDE, NATURAL FLAVORS, SOYBEAN OIL. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: CRUSTACEAN SHELLFISH (SHRIMP), WHEAT, SOY

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - C
Fish - N	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - C	

### Prep & Cooking Suggestions:

#### COOKING INSTRUCTIONS

For food safety and quality, please follow these cooking instructions.

Keep frozen until ready to prepare- Do not refreeze.

#### CONVECTION OVEN INSTRUCTIONS

Place oven rack in the center of the oven. Preheat oven to 375°

### Serving Suggestions:

Top tostito scoops with some fresh salsa, Whole Grain Rich Shrimp poppers and a dollop of sour cream for a tasty treat!

### Species / Scientific Name:

Shrimp

### Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement : Yes

CN Statement : 1M/ 1G



**CN Information :**

CN Statement : 1M/ 1G  
 Suggested Bid : 110 ct Shrimp coated with Whole Grain Compliant Breading.  
 Meat/Meat Alternative : Portsmouth (64.8% Protein in APP)/ (18% min protein) = = 3.6 total parts Hydrated product Total Parts Hydrated Product – 1 part APP = 3.6 - 1 = 2.6 parts liquid for full hydration 2.7% APP in product x 2.6 parts liquid for full hydration = 7.02% liquid allowed for hydration 0.145oz x 0.6769 % Seabob x 0.600 % hash x 0.58 Yield Factor = 0.0342 oz meat alternate / 0.145 oz Popper 0.145 oz Popper x .0451 APP x 0.60 x 3.6 total parts hydrated product x 100% Yield Factor = 0.0141oz Equivalent Meat /Meat Alternate per 0.145oz Popper 0.0342oz Raw Seabob/Popper + ..0141oz equivalent meat/meat alternate = 0.0483 Equivalent Meat /Meat Alternate per 0.145oz Popper 0.0483 oz Equivalent Meat/Meat Alternate x 21 Number of Seabob Poppers 1.0143 oz Equivalent Meat/Meat alternate Meat Component: 1 oz is Declared / 21 x 0.145 oz Seabob Poppers  
 WholeGrain Credit Calculation : 20.1815% Whole Grains / 22.5496% Total Grain Component = 89.4983% Whole Grains 21 x 0.145 Seabob Poppers x .225496 (% Creditable Grains from Batter & Breader) = 0.68664 oz creditable grains/21 x .145 oz Seabob Poppers (0.68664 oz Creditable Grains/21 Seabob Poppers x 28.35g/oz) / (16.0 g/oz equiv whole grains) = 1.21664 oz equiv whole grains/ 21 Seabob Poppers DECLARE 1.00 oz Equivalent Grains / 21 x .145 oz Seabob Shrimp Poppers

**Label Copy**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

**High Liner Bid Desk Contact and Specification Verification**

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