

USDA National School Lunch Product Fact Sheet

PRODUCT **SPECIFICATION:** VEGETABLE / BLEND, FROZEN: 10071179188100 Simplot Classic® Mixed Vegetables, 1/20 LB. Packed to U.S. Grade A Standards. To contain 22% Green Peas, 22% Diced Carrots, 22% Cut Corn, 22% Cut Green Beans, 12% Lima Beans.

SERVING INFORMATION					
Serving Size (as purchased) Contribution Equivalent		Equivalent Servings Per Bag	Equivalent Servings Per Case		
3.03 oz.	¹ / ₂ cup cooked vegetable	n/a	105.61		

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Slices Includes USDA Foods	Red/Orange	0.6666	х	9.87 / 16	0.4112
Peas, Green, frozen Includes USDA Foods	Starchy	0.6666	x	9.59 / 16	
Corn, frozen Whole Kernel Includes USDA Foods	Starchy	0.6666	x	11.00 / 16	0.3995 + 0.4582 + 0.2477 = 1.3409
Beans, Lima, frozen Baby Whole	Starchy	0.3636	х	10.90 / 16	
Beans, Green, frozen Cut Includes USDA Foods	Other	0.6666	х	11.60 / 16	0.4832

INGREDIENT STATEMENT	NUTRITION INFORMATION
Carrots, Corn, Green Beans, Peas, Lima Beans.	Nutrition Facts Serving Size 3.03 oz (86g)
	Amount Per Serving
	Calories 60 Calories from Fat 5
	Total Fat 0g 0%
	Saturated Fat 0g 0%
	Trans Fat 0g
	Cholesterol 0mg 0%
	Sodium 85mg 4%
	Total Carbohydrate 12g 4%
	Dietary Fiber 3g 12%
	Sugars 3g
	Protein 3g
ALLERGENS PRESENT	Vitamin A 15% • Vitamin C 15%
ALLERGENS FRESENT	Calcium 2% • Iron 4%
🖾 None 🗆 Milk 🗆 Egg 🗆 Wheat 🗆 Soy 🗆 Peanuts 🗆 Tree Nuts 🗆 Fish 🗆 Molluscan Shellfish	*Percent Daily Values are based on a 2,000 calorie diet.
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN
🛛 Gluten Free 🛛 Lacto-Ovo Vegetarian 🖾 Vegan 🖾 Kosher 🗔 Halal 🖾 Smart Snack Compliant	Product of USA and Netherlands
Meets Buy America Provision	Austria, Italy, Sweden
	Austria, italy, Sweden

COOKING INSTRUCTIONS		
Stove Top	op Bring ¾ cup water and 2.5 pounds frozen vegetables to boil in a 3 quart sauce pan. Cover and reduce heat to medium. Simmer for 8 - 10 minutes or until product is tender and thoroughly heated. Season and serve.	
Microwave	Place 2.5 pounds frozen vegetables and 2 Tbsp. of water into a microwave safe dish. Cover and cook on high for 6 - 7 minutes or until product is thoroughly heated. Stir halfway through cooking time. Season and serve.	
Pressureless Steamer	Place 2.5 pounds vegetables in a full size steamtable pan. Do not add water or cover. Steam in a preheated pressureless steamer for 4 - 5 minutes or until product in thoroughly heated. Season and serve.	
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.	

CASE PACK AND SHELF LIFE (stored at 0°F or below) *Information may vary slightly by production facility					
Gross Weight	21.25 LB	Case Cube (ft. ³)*	0.60	Pallet TI / HI*	14 / 7
Outer Case Dimensions (L x W x H)*		13.75" x 10" x 7.5"		Shelf-Life	24 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey farles

Kelsey Farley Research Technologist

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