

Pop-Tarts® Chocolate Chip toaster pastries

Chocolate-filled, enriched wheat toaster pastries with chocolate chips baked in a cookie-flavored crust.

Product Type

Grab 'N Go Pop-Tarts

Product Category

UPC Code

3800019721

Servings/Case

72 ct

Sizes

3.67 oz

Format

Single Serve

Gross Weight

19.24

Allergen Information

CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS

Dietary Exchange Per Serving

5 Carbohydrates, 2 Fat, 1 Protein

Kosher Status

Not Certified

Grain Ounce Equivalents

0

Shelf Life

365 days (12 months)

Country of Origin

Distributed in USA



Date Printed: 03/20/2018

Kellogg's® Pop-Tarts® Chocolate Chip

Nutrition Facts	
Serving Size	1 Pouch (104g)
Amount Per Serving	
Calories 420	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 3g	
Cholesterol 0mg	0%
Sodium 490mg	20%
Total Carbohydrate 73g	24%
Dietary Fiber 2g	7%
Sugars 35g	
Protein 5g	
Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 10%	
Thiamin 15% • Riboflavin 10% • Niacin 10% • Folic Acid 15%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B ₁ [thiamin mononitrate], vitamin B ₂ [riboflavin], folic acid), sugar, dextrose, soybean and palm oil (with TBHQ for freshness), high fructose corn syrup, bleached wheat flour, corn syrup, whey, contains two percent or less of semisweet chocolate chips (sugar, chocolate, dextrose, cocoa butter, soy lecithin, milkfat, vanilla), milk chocolate (sugar, milk, cocoa butter, chocolate), cocoa processed with alkali, molasses, salt, wheat starch, leavening (baking soda, sodium aluminum phosphate), nonfat milk, caramel color, sodium stearoyl lactylate, soy lecithin, natural and artificial flavors, gelatin, xanthan gum, DATEM, yellow 6 lake, blue 2 lake, red 40 lake, egg whites, yellow 5 lake.	
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NLI#14669