

Par-Fried Whole Grain Potato Crunch Alaska Pollock Nuggets 1.0 oz



LOT#: 1234567890



From an MSC certified sustainable fishery.
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MSC-C-50552
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COOKING INSTRUCTIONS FROM FROZEN:

TO BAKE: Place frozen nuggets on a lightly oiled sheet pan.

CONVECTION OVEN: Bake at 375°F for 8-12 minutes.

CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes.
TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes or until golden brown. Drain and serve.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

DO NOT
REFREEZE

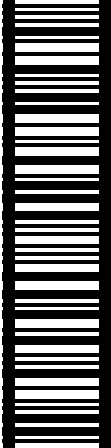
MANUFACTURED BY: HIGH LINER
FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-860-3664
www.highlinerfoodservice.com

™Trademark of High Liner Foods
Incorporated

INGREDIENTS: 64.5% ALASKA POLLOCK; 35.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: POLLOCK (FISH), WHEAT, MILK

NET WT 10 Lb (4.54 kg)

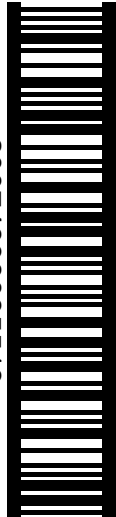


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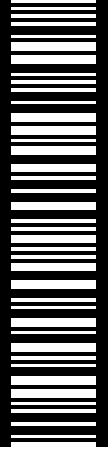
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FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE USDA 10/2023)	
CN	CN

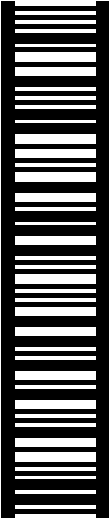
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