



Simplot Harvest Fresh® Avocados  
Western Guacamole, Frozen  
Pack: 6/3lb  
SKU: 10071179029830

## USDA National Child Nutrition Program Product Specification Sheet

### Serving Information

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.85 oz.	¼ cup raw, mashed vegetable	16.84	101.05

### Product Formulation Credits

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Multiply	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	2.4795	X	5.10 / 16	0.7903
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.2309	X	12.10 / 16	0.1746
Onions, Mature, frozen Chopped	Other	0.0770	X	7.92 / 16	0.0381

Each 2.85 ounce serving of the product above contains 1/4 cup Other/Additional vegetable.

**VEGETABLE / BLEND, FROZEN: Chunky, homemade style, seasoned with garlic, onion, spices, red bell pepper and a touch of jalapeño. To contain 87% avocado, 8.1% red bell pepper and 2.7% onion.**

### Product Specification

Country of Origin	Product of Mexico
Meets Buy American Provision <i>Exception Letter Available</i>	N
Smart Snacks Compliant	N
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Zero Grams Trans Fat	Y
Milk	N
Egg	N
Wheat	N
Soy	N
Sesame Seed	N
Peanuts	N
Tree Nuts	N
Fish	N
Molluscan Shellfish	N

### Benefits

- Saves over 2 hours of work per case compared to fresh
- Chunky, back-of-house texture for scratch-made look
- Adds a little kick as premium dip, topping or spread
- No preservatives—High Pressure Processed for food safety
- Stores frozen for 18 months and refrigerated for 7 days (unopened)

### Shipping Information

Gross Weight	20lb
Net Weight	18lb
Length	12.625 in
Width	8 in
Height	8.625 in
Case Cube	.504
Tie High	18X6
Shelf Life	547 days
Storage Temp From/To	-10°F / 10°F

### Nutrition

Serving Size: 2.85 oz.  
Calories: 150

	Amount per serving	% Daily Values
Total Fat	14g	18%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	360mg	16%
Total Carbohydrates	6g	2%
Dietary Fiber	4g	14%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.7mg	4%
Potassium	410mg	8%
Vitamin A	20mcg	2%
Vitamin C	9mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

### Ingredients

HASS AVOCADO, RED BELL PEPPER, ONION, SALT, JALAPEÑO PEPPER, GARLIC, LIME JUICE CONCENTRATE.

**For questions, please contact the Bid Department at (800) 572-7783.**

I certify that the information provided is true and correct:

*Kelsey Farley*

Kelsey Farley  
Regulatory Manager  
06/17/2024

### Serving Suggestions

Popular across all dayparts as a dip, topping or ingredient that is great for appetizers, sandwiches, burgers, wraps, omelets, Mexican dishes and more.

### Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED GUACAMOLE WITHIN 7 DAYS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT

40°F. ONCE THAWED, DO NOT REFREEZE.

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