



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	POTATOES, DEHYDRATED: Simplot® True Recipe® Mashed Potatoes Complete Instant / SKU 10071179401025. Easy prep, long hold time. Shelf stable mashed potatoes. PACK SIZE: 6/#10 cans (5.44 LB) per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

Serving sizes adjusted to reflect weight needed to attain vegetable credit. Non-creditable ingredients excluded.

FBG: Potatoes, Dehydrated Granules Low Moisture Includes USDA Foods	Servings per LB	Servings per Can	Servings per Case	Cans for 100 Servings
0.34 oz AP (dehydrated) provides one - ¼ cup serving of creditable vegetable	47.05	255.95	1535.70	0.40
0.67 oz AP (dehydrated) provides one - ½ cup serving of creditable vegetable	23.88	129.90	779.40	0.77

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup			¼ cup				
½ cup			½ cup				
¾ cup			¾ cup				
1 cup			1 cup				

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight of Dry Flakes (g)	10	19
Calories (kcal)	35	70
Calories from fat (kcal)	0	5
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	10	20
Potassium (mg)	190	370
Carbohydrates (g)	7	14
Dietary Fibers (g)	1	1
Total Sugars (g)	0	1
Protein (g)	1	2
Vitamin A (IU)	0.51	1
Vitamin C (mg)	0.73	1.44
Calcium (mg)	6.58	12.96
Iron (mg)	0.20	0.39

INGREDIENT STATEMENT:
Potatoes, Contains Less Than 2% of: Whey, Soy Protein, Natural Flavor, Calcium Stearoyl Lactylate, Sodium Caseinate, Corn Syrup, Mono- & Diglycerides, Dipotassium Phosphate, Casein, Acetic Acid, DATEM, Artificial Flavor, Hydrogenated Vegetable Oil Blend (Palm Kernel, Coconut), To Preserve Freshness (Sodium Metabisulfite, BHT, Sodium Acid Pyrophosphate).
ALLERGEN INFORMATION:
CONTAINS: MILK, SOY.
FOOD SENSITIVITY INFORMATION:
Gluten-free.

PREPARATION INSTRUCTIONS: See product packaging for additional preparation and optional ingredient* information.

MIXING BOWL:	Measure boiling water and salt into mixing bowl. Set mixer on Low speed. Use whip attachment and slowly add potatoes to salted, boiling water. Mix until water is absorbed, about 30 seconds to 1 minute. Add melted butter/margarine and white pepper if desired. Scrape down sides of the bowl and whip on High speed until fluffy, about 2-3 minutes.				
	SERVINGS (Scoop)	BOILING WATER	POTATOES	SALT	BOWL SIZE
	72 - #8, 88 - #10	6 quarts	2 lb 12 oz (6 cups)	4 tsp.	20 quart
	145 - #8, 175 - #10	12 quarts	5 lb 7 oz (Full can)	3 Tbsp.	30 quart

* Butter and seasonings may be added for richer, creamier mashed potatoes.

CASE PACK:	
Dimensions (LxWxH):	12.625" x 7.313" x 18.875"
Pallet (TI/HI)	8 x 8
Gross Weight (LB):	37.44
Shelf Life (days):	720 in a cool, dry place

I certify that the above information is true and correct as of October 9, 2013.

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