



**REQUEST
FOODS, INC.**

August 18, 2014

PRODUCT NAME: SOUTHWEST MEAT LASAGNA WITH QUESO SAUCE
GORDON FOOD SERVICE PRODUCT #: 361810
REQUEST FOODS FG#: 67398

INGREDIENT STATEMENT: WATER, COOKED ENRICHED LASAGNA NOODLES (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], EGGS), TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), COOKED BEEF, PROCESSED CHEESE (AMERICAN CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, CREAM, SODIUM PHOSPHATE, SALT, ANNATTO [COLOR]), ONION, COOKED PORK, BELL PEPPERS, TORTILLA CHIPS (YELLOW CORN, VEGETABLE OIL [MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, SOYBEAN, COTTONSEED], SALT, TRACE OF LIME), CREAM, NONFAT DRY MILK, TOMATO PASTE, GREEN CHILI PEPPERS (GREEN CHILI PEPPERS, SALT, CITRIC ACID), REFRIED BEANS (PINTO BEANS, SALT), SMALL RED BEANS (COOKED SMALL RED BEANS, WATER), MODIFIED CORN STARCH, CHEESE POWDER (WHEY, CHEESE [GRANULAR AND BLUE {CULTURED MILK, SALT, ENZYMES}], REDUCED LACTOSE WHEY, MALTODEXTRIN, CREAM, WHEY PROTEIN CONCENTRATE, SALT, SODIUM PHOSPHATE, CITRIC ACID, LACTIC ACID), JALAPENO PEPPERS (JALAPENO PEPPERS, SALT, ACETIC ACID, CALCIUM CHLORIDE), GARLIC (GARLIC, WATER), FLAVORS, CHIPOTLE PEPPER PUREE (CHIPOTLE PEPPER, WATER, SALT, VINEGAR), SOYBEAN OIL, PARSLEY.

CONTAINS: WHEAT, EGG, SOY, MILK

NUTRITION PANEL:

Nutrition Facts	
Serving Size 1 Cup (226g)	
Servings Per Container 12	
Amount Per Serving	
Calories 370	Calories from Fat 150
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 9g	45%
Trans Fat 0.5g	
Cholesterol 70mg	23%
Sodium 610mg	25%
Total Carbohydrate 32g	11%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 17g	
Vitamin A 15%	Vitamin C 10%
Calcium 25%	Iron 15%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

SCHOOL LUNCH EQUIVALENT DATA:

PLEASE SEE ATTACHED LETTER FROM PATRICIA PHILLIPS, PHILLIPS RESOURCES

August 18, 2014

To whom it may concern:

I have reviewed the product formulation for Request Foods' SOUTHWEST MEAT LASAGNA WITH QUESO SAUCE (product code number 361810) and calculated the credit toward the child nutrition meal pattern requirements based on the Food Buying Guide and the weight of cooked lean meat. One 226 gram serving of SOUTHWEST MEAT LASAGNA WITH QUESO SAUCE contains 1.75 ounce of meat/meat alternate 1/4 cup serving of vegetables, and 0.5 oz equivalent grain.

Sincerely,



Patricia Phillips