



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	VEGETABLE / ITALIAN BEANS, FROZEN: Simplot Classic® Italian Beans / SKU 10071179180524. To be packed to U.S. Grade A Standard. PACK SIZE: 12/2 LB bags per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

FBG: Beans, Green, Flat Italian, frozen <i>Whole</i>	FBG Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
1.73 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	9.30	18.60	223.20	5.4
3.45 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	4.65	9.30	111.60	10.8

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	49	98
Calories (kcal)	15	35
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	90	180
Carbohydrates (g)	3	7
Dietary Fibers (g)	1	3
Total Sugars (g)	1	2
Protein (g)	1	2
Vitamin A (IU)	142.64	284.45
Vitamin C (mg)	6.92	13.81
Calcium (mg)	22.22	44.32
Iron (mg)	0.42	0.84

INGREDIENT STATEMENT:

Italian Green Beans.

ALLERGEN INFORMATION:

N/A

FOOD SENSITIVITY INFORMATION:

Gluten-free. Vegan.

PREPARATION INSTRUCTIONS:

STEAMER:	Place vegetables in a full-size steam table pan. Do not add water or cover. Steam in preheated steamer for 5-6 minutes until product is heated thoroughly. Season and serve.
STOVETOP:	Bring ¾ cup water and frozen vegetables to a boil in a 3-quart sauce pan. Cover and reduce heat to Medium. Simmer 7-9 minutes or until product is tender and heated thoroughly. Season and serve.
TO SERVE COLD:	Add product to boiling water, stir, return to a boil. Drain and chill before adding to other ingredients.

CASE PACK:			
Dimensions (LxWxH):	15.875" x 11.8125" x 9.25"	Pallet (TI/HI):	10 x 4
Shelf Life (days):	720 @ 0°F	Gross Weight (LB):	25.25

I certify that the above information is true and correct as of August 13, 2013.

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