



**Product Fact Sheet for  
Schools and Child Care Institutions**

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / GREEN BEAN, FROZEN: Simplot Classic® Green Beans 1.5" Regular Cut / SKU 10071179181620:</b> To be packed to U.S. Grade A Standard. <b>PACK SIZE:</b> 1/20 LB case.
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**NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION\***

FBG: Beans, Green frozen <i>Cut Includes USDA Foods</i>	FBG Servings per LB	Servings per Bag	Servings per Case	Cases for 100 Servings
1.38 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	11.60	N/A	232.00	0.5
2.76 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	5.80	N/A	116.00	0.9

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

*\*Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	<b>39</b>	<b>78</b>
Calories (kcal)	15	30
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	75	150
Carbohydrates (g)	3	6
Dietary Fibers (g)	1	2
Total Sugars (g)	1	1
Protein (g)	1	1
Vitamin A (IU)	113.78	227.56
Vitamin C (mg)	1.66	3.31
Calcium (mg)	17.73	35.45
Iron (mg)	0.34	0.67

**INGREDIENT STATEMENT:**

Green Beans.

**ALLERGEN INFORMATION:**

N/A

**FOOD SENSITIVITY INFORMATION:**

Gluten-free. Vegan.

**PREPARATION INSTRUCTIONS:** *See packaging for additional preparation instructions.*

<b>STEAMER:</b>	Place vegetables in a full-size steam table pan. Do not add water or cover. Steam in preheated steamer for 4-5 minutes until product is heated thoroughly. Season and serve.
<b>STOVETOP:</b>	Bring ¾ cup water and 2 lbs. frozen vegetables to a boil in a 3-quart sauce pan. Cover and reduce heat to Medium. Simmer for 7-9 minutes until product is tender and thoroughly heated. Season and serve.
<b>TO SERVE COLD:</b>	For food safety and quality, prepare vegetables as stated above then cool as rapidly as possible to refrigerated temperature. Do not overcook.

CASE PACK:			
<b>Dimensions (LxWxH):</b>	15.5" x 11" x 8.25"	<b>Pallet (TI/HI):</b>	7 x 6
<b>Shelf Life (days):</b>	720 @ 0°F	<b>Gross Weight (LB):</b>	26.00

I certify that the above information is true and correct as of August 13, 2013.

*Shawanda Brown*

Shawanda Brown, Regulatory Affairs and Nutrition Manager

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