

### USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / BLEND, FROZEN: 10071179188872 Simplot Simple Goodness™ Italian Blend, 1/20 LB.</b> Packed to U.S. Grade A Standards. To contain 26% Zucchini, 25% Carrots, 24% Cauliflower, 15% Italian Beans, 5% Lima Beans and 5% Red Peppers.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.64 oz.	1/2 cup cooked, drained vegetable	n/a	87.91

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Squash, summer, frozen Zucchini, Sliced	Other	0.9464	x	7.00 / 16	0.41405 + 0.50232 + 0.31736 = 1.23373
Cauliflower, frozen	Other	0.8736	x	9.20 / 16	
Beans, Green, Flat Italian, frozen Whole	Other	0.5460	x	9.30 / 16	
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.9100	x	9.87 / 16	0.56135 + 0.08303 = 0.64438
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.1820	x	7.30 / 16	
Beans, Lima, frozen Baby, Whole	Starchy	0.1820	x	10.90 / 16	0.12398

Each 3.64 ounce serving of the product above contains 1/4 cup Other vegetable 1/8 cup Red/Orange vegetable and 1/8 cup Additional vegetable.

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Zucchini, Carrots, Cauliflower, Italian Green Beans, Lima Beans, Red Bell Pepper, Salt.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.64 oz (103g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td><b>Calories</b></td> <td><b>35</b></td> </tr> <tr> <td></td> <td>% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 25mg</td> <td>1%</td> </tr> <tr> <td>Total Carbohydrate 7g</td> <td>3%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 3g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td><b>Protein 2g</b></td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 0.5mg</td> <td>2%</td> </tr> <tr> <td>Potassium 220mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 80mcg</td> <td>8%</td> </tr> <tr> <td>Vitamin C 16mg</td> <td>20%</td> </tr> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	3.64 oz (103g)	Amount per serving		<b>Calories</b>	<b>35</b>		% Daily Value*	Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 25mg	1%	Total Carbohydrate 7g	3%	Dietary Fiber 2g	7%	Total Sugars 3g		Includes 0g Added Sugars	0%	<b>Protein 2g</b>		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 0.5mg	2%	Potassium 220mg	4%	Vitamin A 80mcg	8%	Vitamin C 16mg	20%
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>																																										
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA and Mexico																																										

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 5 quarts of water to a boil on HIGH. Add 2 lbs. of frozen vegetables and cook for 7 minutes, stirring as needed.
<b>Steamer</b>	Arrange 2 lbs. of frozen vegetables in a slotted full-size steam table pan. Steam for 5 minutes.
<b>Microwave (1100 Watts)</b>	Place 2 lbs. of frozen vegetables in a microwave safe dish. Add 2 tbsp. of water and cover. Cook on HIGH for 15 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					*Information may vary slightly by production facility	
Gross Weight	21.50 LB	Case Cube (ft. <sup>3</sup> )*	0.72	Pallet TI / HI*	14 / 7	
Outer Case Dimensions (L x W x H)*	13.75" x 10" x 9"			Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

*Kelsey Farley*  
Kelsey Farley  
Research Technologist