

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179188193 Simplot Simple Goodness™ Oriental Blend, 1/20 LB. Packed to U.S. Grade A Standards. Product to contain 40% French Cut Green Beans, 33% Broccoli Cuts, 15% Onion Strips, 7% Red Pepper Strips, 5% Sliced Mushrooms.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.21 oz.	½ cup cooked vegetable	n/a	99.68

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen French style, Includes USDA Foods	Other	1.284	x	12.00 / 16	0.96300 + 0.17875 + 0.12238 = 1.26413
Onions, Mature, frozen Chopped	Other	0.4815	x	5.94 / 16	
Mushrooms, frozen Slices	Other	0.1605	x	12.20 / 16	
Broccoli, frozen Cut or chopped	Dark Green	1.0593	x	9.60 / 16	0.63558
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.2247	x	7.30 / 16	0.10251
Each 3.21 ounce serving of the product above contains 3/8 cup Other/Additional vegetable and 1/8 cup Dark Green vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Green Beans, Broccoli, Onion, Red Bell Pepper, Mushrooms.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.21 oz (91g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>30</td> </tr> <tr> <td colspan="2"><small>% Daily Value*</small></td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 5mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 2g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 2g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 0.5mg</td> <td>2%</td> </tr> <tr> <td>Potassium 170mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 20mcg</td> <td>2%</td> </tr> <tr> <td>Vitamin C 24mg</td> <td>25%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	3.21 oz (91g)	Amount per serving		Calories	30	<small>% Daily Value*</small>		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 5mg	0%	Total Carbohydrate 6g	2%	Dietary Fiber 2g	7%	Total Sugars 2g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 0.5mg	2%	Potassium 170mg	4%	Vitamin A 20mcg	2%	Vitamin C 24mg	25%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA, Canada and Mexico																																												

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add 2 lbs of frozen vegetables and cook for 5 minutes, stirring as needed.
Steamer	Arrange 2 lbs of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place 2 lbs of frozen vegetables in a microwave safe dish. Add 2 tbsp of water and cover. Cook on HIGH for 15 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	21.50 LB	Case Cube (ft. ³)*	0.85	Pallet TI / HI*	14 / 4
Outer Case Dimensions (L x W x H)*	13.75" x 10" x 10.625"			Shelf-Life	24 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist