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## SIMPLY SAUCE WG BREADED AK POLLOCK BITES, CN

Our bite-sized portions of whole grain breaded Pollock, and Shrimp are an easy way to add fun and bold flavor to school menus.

### **Species / Scientific Name**

### **Serving Suggestions**

Rice Bowl, Tacos, Lunch

#### **Preparation & Cooking Suggestsions**

COOKING INSTRUCTIONS: Cook from frozen state. CONVENTIONAL OVEN: Bake at 400°F for 15 - 16 minutes. CONVECTION OVEN: Bake at 375°F for 13-15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF165°F MINIMUM. FRYER: Deep fry at 360°F for 3 1/2 minutes



#### **Product Specifications**

Code: 26264

GTIN: 10070737262641

Pack: 1 x 10.0000 LBR

Type of Catch: Wild

Brand: High Liner Foodservice

GPC Description: -Gross Weight: 11 LBR
Net Weight: 10 LBR
Country of Origin: US

Kosher: No Gluten Free: No

### **Shipping Information**

Length: 15.8125 INH Width: 7.8125 INH Height: 8.625 INH Volume: .6166 FTQ TIxHI: 15 x 5 Shelf Life: 18 MT

Storage Temperature: 0 FAH / 0 FAH

## Ingredients

64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WATER, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SUGAR, SALT, WHEY, YEAST, YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DRIED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.CONTAINS: FISH (POLLOCK), WHEAT, MILK

### **Allergens**



### **Label Copy**

**Please Note:** label for bid purposes only per USDA Document #SP11v2 CACFP10SFSSP13-2015 - label copied with watermark is acceptable documentation for administrative review—the original labels on cartons received will not have a watermark.

#### **Download Label**

#### **Buy American Compliant**

Yes

# **Nutrition Facts**

Serving Size: 112.0000 GRM

Household Serving Size: 8 Nuggets Number of Servings per Package: 20

Amount Per Serving

Calories: 250

#### Calories from Fat:

	Per Serving	% Daily Value*
Total Fat:	11g	17%
Saturated Fat:	1.5g	8%
Trans Fat:	0g	
Cholesterol:	50mg	17%
Sodium:	260mg	11%
Total Carbohydrate:	20g	7%
Dietary Fiber:	2g	8%
Sugars:	1g	
Protein:	15g	

Per Serving

Vitamin A: 0%

Vitamin C: 0%

Calcium: 2% Iron: 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat:	Less than	65g	80g
Saturated Fat:	Less than	20g	25g
Cholesterol:	Less than	300mg	300mg
Sodium:	Less than	2,400mg	2,400mg
Total Carbohydrate:		300g	375g
Dietary Fiber:		25g	30g

Calories per gram		
Fat: 9	Carbohydrate: 4	Protein: 4

Information subject to change without notice at the discretion of High Liner Foods (USA) Inc.



Oven Ready Whole Grain

**Breaded Pollock Bites** 

INDIVIDUALLY QUICK FROZEN KEEP FROZEN

REFREEZE DO NOT

2560456

EST. # 002 NET WT 10 Lb (4.54 kg)

DIEGUEU FUILOCK DIES

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COOKING INSTRUCTIONS: COOK FROM FROZEN STATE.
CONVENTIONAL OVEN: Bake at 400°F for approximately 18 minutes.
CONVECTION OVEN: Bake at 375°F for approximately 12 minutes.
NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

INGREDIENTS: POLLOCK 64.2%. BREADING & BATTER: 35.8% ENRICHED WHEAT FLOUR, VIACIN, FERROUS SULFATE, THAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACTO, WHOLE WHEAT FLOUR, WATER, MODIFIED CORN STARCH, WHOLE GRAIN YELLOW CORN MEAL, CONTAINS 22.0FL ESS OF: YELLOW CORN FLOUR, SUGAR, SALT, YEAST, DRIED WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING ISODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DRIED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PREFRIED IN CANOLA AND/OR SOYBEAN OIL.

OIL.
CONTAINS: FISH (POLLOCK), WHEAT, MILK
CONTAINS: PARTIALLY PRODUCED WITH GENETIC ENGINEERING

10070737262641

LOT#:

26264

EIGHT 0.50 OZOVEN BEADY WHOLE GRAIN BREADED POLLOCK BITES PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT MEAT AND 1.50 OZ REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA ဥ

26264

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664

