



Product Formulation Worksheet

Product Name: Campbell's® Vegetarian Garden Vegetable Soup Frozen
 Formula and Version Number: 415630011340v0015

Portion per Recipe: 10155
 Serving Size Volume/Weight Condensed: 1/2 cup /126 g
 Serving Size Volume/Weight Prepared According to Package Directions (Reconstituted with Equal Volume of Water): 1 cup / 244 g

UPC Code: 005100011340
 Revision Date: 11/19/2015

Ingredients (1)	Quantity (lbs) of Ingredients As Purchased (number of purchase units) (2)	Purchase Unit (Lbs) (3)	Servings per Purchase Unit in Food Buying Guide (4)	Meat/Meat Alternates (Ounces) (5) = (2) X (4)	Grains (oz equivalent) (6) = (2) X (4)	Vegetables (1/4 cup) (7) = (2) X (4)	Vegetables Cup Equivalent per Serving	Vegetable Subgroup	Total per Subgroup (cups)	Summary of Vegetable Subgroup Contribution
Tomato Products, Canned Tomato Puree*	760.00	1	14.40			10944.00	0.27	Red/ Orange	0.45	3/8 cup Red/ Orange AND 1/8 Other AND 1/8 cup Starchy AND 1/8 Additional
Spinach, Frozen, Chopped, Cooked, Drained	0.03	1	5.60			0.17	0.00	Dark Green	0.00	
Celery, Fresh, Trimmed, Ready-to-Cook, Diced**	128.40	1	10.48			1345.63	0.03	Other	0.21	
Beets, Fresh, Without Tops, Diced, Cooked	0.41	1	7.60			3.12	0.00	Other		
Carrots, Fresh, Shredded, Ready-to-Use, Cooked, Drained***	425.63	1	9.83			4183.94	0.10	Red /Orange		
Watercress, Fresh	0.08	1	50.50			4.04	0.00			
Onions, Mature, Dehydrated, Chopped, Rehydrated, Cooked	34.00	1	49.90			1696.60	0.04	Other		
Corn, Frozen, Whole Kernel, Cooked	130.00	1	11.00			1430.00	0.04	Starchy	0.16	
Cabbage, Fresh, Green, Untrimmed Whole	186.00	1	13.80			2566.80	0.06	Other		
Peppers, Bell, Frozen, Green or Red, Diced, Cooked, Drained	55.00	1	7.30			401.50	0.01	Red /Orange		
Peas, Green, Frozen, Cooked, Drained	125.00	1	9.59			1198.75	0.03	Starchy		
Beans, Green, Frozen, Cut	175.00	1	11.60			2030.00	0.05	Other		
Squash, Summer, Frozen, Zucchini, Sliced, Cooked, Drained	125.00	1	7.00			875.00	0.02	Other		
Tomatoes, Canned, Diced, Includes USDA Commodity	350.00	1	7.71			2698.50	0.07	Red /Orange		
Potato, White, Fresh, Ready to Cook, Pared, Diced, Cooked, Drained****	360.00	1	10.98			3952.80	0.10	Starchy		
Notes:*Child nutrition labeling for non-meat products Technical Assistance document (Rev 2004).	Totals					33330.8				
	Portion Per Recipe					10155				
	Calculations					0.82				
	Each Portion Contributes			oz Meat/Meat Alternates	oz Equivalent Grains	3/4 cup(s) Vegetables				

I certify that the above information is true and correct when prepared according to directions.

Anita Shaffer, Senior Nutritionist - Global Nutrition



Product Name: Campbell's® Vegetarian Garden Vegetable Soup Frozen

Case Code: 11340

Case Pack: 3/ 4 LB Trays

Serving Size Condensed: 1/2 cup; 126 g

Serving Size Prepared According to Package Directions (Reconstituted with Equal Volume of Water): 1 cup; 244 g

Nutrition Facts	
Serving Size 1/2 Cup (120 mL) Condensed Soup	
Servings Per Container About 43	
Amount Per Serving	
Calories 70	Calories from fat 5
% Daily Value *	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 770mg	32%
Total Carbohydrate 16g	5%
Dietary Fiber 3g	12%
Sugars 8g	
Protein 1g	
Vitamin A 30%	Vitamin C 0%
Calcium 2%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENT STATEMENT: TOMATO PUREE (WATER, TOMATO PASTE), CARROTS, POTATOES, DICED TOMATOES IN TOMATO JUICE, GREEN BEANS, CABBAGE, CORN, CELERY, PEAS, ZUCCHINI, CONTAINS LESS THAN 2% OF: RED PEPPERS, SUGAR, MODIFIED FOOD STARCH, SALT, DEHYDRATED ONIONS, WATER, VEGETABLES (CARROTS, ONIONS, CELERY), DEHYDRATED GARLIC, POTATO FLOUR, CORN OIL, FLAVORING, CITRIC ACID, MALTODEXTRIN, PARSLEY, DEHYDRATED PARSLEY, BEETS, WATERCRESS, LETTUCE, CAMEL COLOR, DEHYDRATED CARROTS, SPINACH.

PREPARATION: Reconstitute with Equal Volume of Water.

THIS PRODUCT HAS NOT BEEN FULLY COOKED BEFORE FREEZING. CAREFULLY FOLLOW THE RECOMMENDED COOKING TIMES AND TEMPERATURES TO ENSURE COMPLETE COOKING.

Cooking Directions:

This product may be tempered up to 48 hours in a 40 degrees F. refrigerator prior to cooking.

Peel back plastic film starting from one edge. Keep film to view cooking directions.

1. If soup is frozen, run knife around soup blocks in trays to loosen. Empty the 2 trays of soup into large saucepot.
2. Fill both of the trays with water (64 fl. oz. in total). Add to saucepot.
3. Heat to a boil over medium-high heat, stirring frequently. Reduce heat to low. Boil gently, stirring frequently to break up any frozen pieces, until temperature reaches 190 degrees F.
4. Transfer to holding kettle or steam table