



USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 07-30-12)

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100161 – BEEF, PATTIES, GROUND, RAW, FROZEN, IQF, 40 LB

Nutrition Information

CATEGORY	<ul style="list-style-type: none"> Meat/Meat Alternates
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> 100% raw ground beef, 3 oz patties, individually quick frozen (IQF). The average fat content is 15% fat, but may not be higher than 18% fat. The patties shall not have any non-meat ingredients added.
PACK/YIELD	<ul style="list-style-type: none"> 8/5 lb pkgs OR 4/10 lb pkgs OR 5/8 lb pkgs per 40 lb case. One 40 lb case AP provides about 213 3-oz raw beef patties. One 10 lb pkg AP provides about 53 3-oz raw beef patties. One 8 lb pkg AP provides about 42 3- oz patties. One 5 lb pkg AP provides about 26 3-oz raw beef patties. CN Crediting: One 3.0 oz raw beef patty when cooked provides 2.0-oz equivalent meat/meat alternate.
STORAGE	<ul style="list-style-type: none"> Store frozen beef patties in original shipping container off the floor at 0°F or below. Refrigerate leftovers at 41°F or lower and use within 7 days. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.
PREPARATION/ COOKING INSTRUCTIONS	<ul style="list-style-type: none"> Beef patties should be cooked from the frozen state to prevent moisture loss. Partially thaw in refrigerator only until patties can be easily separated. Separate and place patties onto sheet pans. To avoid injury, DO NOT separate with a knife or sharp objects.

Beef, ground, patty, cooked, pan-broiled

	1 patty, (85 g)
Calories	180
Protein	15 g
Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g
Total Fat	13 g
Saturated Fat	5 g
Trans Fat	0 g
Cholesterol	60 mg
Iron	1.62 mg
Calcium	0 mg
Sodium	60 mg
Magnesium	16 mg
Potassium	245 mg
Vitamin A	0 IU
Vitamin A	0 RAE
Vitamin C	0 mg
Vitamin E	0 mg



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PREPARATION/ COOKING INSTRUCTIONS (cont'd)	<ul style="list-style-type: none"> • Bake in standard oven at 350 °F for 18-20 minutes or convection oven at 350 °F for 6-10 minutes. Cook to an internal temperature of 155 °F for 15 seconds as measured by a thermometer. Serve immediately. Holding on a steam table or in a holding cabinet will cause patties to dry out.
USES AND TIPS	<ul style="list-style-type: none"> • Ground beef patties may be grilled, baked, or broiled.
FOOD SAFETY INFORMATION	<ul style="list-style-type: none"> • Thaw frozen products in the refrigerator below fresh or ready-to-eat foods. • Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry. • Sanitize cutting boards, utensils, and countertops by using a solution of 1 Tbsp unscented, liquid chlorine bleach in 1 gallon water.
BEST IF USED BY GUIDANCE	<ul style="list-style-type: none"> • For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm. • For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at: http://nfsmi-web01.nfsmi.olemiss.edu/documentlibraryfiles/PDF/20080206043207.pdf.

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.

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