

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	GUACAMOLE, FROZEN: 10071179193425 Simplot Harvest Fresh™ Avocados Western Guacamole, 12/1 LB. Made with 100% Hass avocados, ultra-high pressure pasteurized, natural ingredients, thaw and serve, Western Spice. To contain 89.8% avocado, 6% red bell pepper and 2% onion.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.93 oz.	¼ cup raw, mashed vegetable	5.46	65.52

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes Whole	Other	2.6311	x	5.10 / 16	0.8386 + 0.0290 = 0.8676
Onions, Mature, frozen Chopped	Other	0.0586	x	7.92 / 16	
Peppers, Bell, frozen Orange or Red Diced	Red/Orange	0.1758	x	12.10 / 16	0.1329
Each 2.93 ounce serving of the product above contains 1/4 cup Other/Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Avocado, Red Bell Pepper, Onion, Salt, Jalapeño Pepper, Garlic, Lime Juice Concentrate.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.93 oz (83g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>150</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 15g</td> <td>19%</td> </tr> <tr> <td>Saturated Fat 2.5g</td> <td>13%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 330mg</td> <td>14%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 4g</td> <td>14%</td> </tr> <tr> <td>Total Sugars 1g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 10mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.8mg</td> <td>4%</td> </tr> <tr> <td>Potassium 430mg</td> <td>10%</td> </tr> <tr> <td>Vitamin A 20mcg</td> <td>2%</td> </tr> <tr> <td>Vitamin C 8mg</td> <td>8%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.93 oz (83g)	Amount per serving		Calories	150	% Daily Value*		Total Fat 15g	19%	Saturated Fat 2.5g	13%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 330mg	14%	Total Carbohydrate 6g	2%	Dietary Fiber 4g	14%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 1g		Vitamin D 0mcg	0%	Calcium 10mg	0%	Iron 0.8mg	4%	Potassium 430mg	10%	Vitamin A 20mcg	2%	Vitamin C 8mg	8%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Mexico																																												

COOKING INSTRUCTIONS	
To Serve Cold	KEEP FROZEN. DO NOT THAW IN MICROWAVE. For Best Quality: Thaw unopened bag for 15 - 24 hours in the refrigerator (40°F) in single layer. OPENED BAG: Keep surface covered to prevent browning. Use refrigerated guacamole within 7 days. Once thawed, do not refreeze.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	14.00 LB	Case Cube (ft. ³)*	0.36	Pallet TI / HI*	17 / 8
Outer Case Dimensions (L x W x H)*	11.375" x 8.875" x 6.125"		Shelf-Life	18 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist