

Serving Size: 0.5 oz **Date:** 01/01/2025

Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☑

Does this product contain non-creditable grains: □

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Popcorn, Unseasoned	Group I	10.68 g	28.00 g	0.3814 oz eq.
Total Grains Based on Grai	0.25 oz eq.			

- ¾ c. popped (or .25 oz. (7 grams)) popcorn = ¼ serving of grains in a reimbursable meal or snack
- 1 ½ cups (or .5 ounces (14 grams)) popped popcorn = ½ serving of grains in a reimbursable meal or snack
- 3 cups (or 1 ounce (28 grams)) popped popcorn = 1 serving of grains in a reimbursable meal or snack

Per USDA SP 23-2019, CACFP 10-2019, SFSP 09-2019

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **0.5 oz** ounce serving of the above product (ready for serving) provides **0.25** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Rachel Huber	PepsiCo Foodservice Dietitian
Signature	Title
Rachel Huber, MPH, RDN	972-334-4789
Printed Name	Phone Number