



**Lay's® Potato Chips Original – .5 oz. (14.1 g.)**

<b>Nutrition Facts</b>	
Serving Size	1 package
Servings Per Container	1
<b>Amount Per Serving</b>	
Calories	80
Calories from Fat	45
<b>%Daily Value*</b>	
Total Fat 5g	8%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Potassium 170mg	5%
Total Carbohydrate 8g	3%
Dietary Fiber less than 1g	2%
Sugars 0g	
Protein less than 1g	
Vitamin A	0%
Vitamin C	4%
Calcium	0%
Iron	0%
Vitamin E	2%
Thiamin	2%
Niacin	2%
Vitamin B6	4%
Magnesium	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Potassium	3,500mg    3,500mg
Total	300g    375g
Carbohydrate	
Dietary	25g    30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4    Protein 4

**Ingredients:**

Potatoes, Vegetable Oil (Sunflower, Corn and/or Canola Oil), and Salt.

Case UPC	000-28400-19846-2
Bag UPC	0-28400-01070-2
Case Pack	120/.5 oz. bags
Kosher Status	Yes- OU
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Bronze, Silver & Gold Awards)	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Grain – oz. eq. (16 g per serving)	0
Weight of Grain	0
Document Updated	7/13

I verify the above information is accurate as of 7/19.13.

*Jan Ruegg*  
 Jan Ruegg  
 PepsiCo Foodservice/Vend  
 Nutrition Science