



Product: Gordon Foodservice 1/2" Crinkle Cuts
Catalog # G0172

Bulk Code 2286
Package Size 30 lb
 Frozen, as sold by Lamb-Weston

Nutrition Facts

Serving Size 3 oz (84g)
 Servings Per Container About 160

Amount Per Serving

Calories 120 Calories from Fat 35

%Daily Value*

Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Potassium 300mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars less than 1g	

Protein 2g

Vitamin A 0%	●	Vitamin C 8%
Calcium 0%	●	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium		3,500mg	3,500mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram			
Fat 9	●	Carbohydrate 4	● Protein 4

Approved by:

Rebecca Schmidt

RQI Nutritionist
 July 31, 2014