

Material Description:
Material Number:
Pack:
Gross Weight:
Net Weight:
Cube:
Case Dimensions:
Cases per layer:
Layers per Pallet:
Cases per Pallet:
Shelf Life after Thaw:
Frozen Life:
UPC #:

 Early Fresh Honey Bun

 67070590

 36 bulk

 8.75 lbs.

 6.75 lbs.

 0.734

 $16.938'' \times 12.875'' \times 5.813''$

 TI
 8

 HI
 13

 104

 30 days

 365 days

 0.00.72250-00123-6

Nutrition Facts

Serving Size: 1 Honey Bun (85 g/3.0 oz) Servings per container: 1

Amount per serving				
Calories 350 Calories from Fat 170				
% Daily Value				
Tot <u>al Fat 19 g</u>				
Saturated Fat 10 g				
Trans Fat 0 g				
Polyunsaturted Fat 1.5 g				
Monounsaturated Fat 6 g				
Cholesterol 0 mg 0%				
Sodium 270 mg			11%	
Total Carbohydrate 42 g 14%				
Dietary Fiber 2 g 7%				
Sugar 18 g				
Protein 4 a				
Vitamin A 0% Vitamin C 0				
Calcium 10% Iron 10%				
*Percent Daily Values are based on a 2,000				
calorie diet. Your daily values may be higher				
or lower based on your calorie needs:				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium	Less than	3,500mg	3,500mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
calories per gram:				
Fat 9 Carbohydrate 4 Protein 4				

INGREDIENT LABELING INFORMATION

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, VEGETABLE OIL (SOYBEAN AND/OR PALM), CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CINNAMON, DEXTROSE, CORN STARCH, SALT, DISTILLED MONOGLYCERIDES, SOY FLOUR, MONOCALCIUM PHOSPHATE, CALCIUM CARBONATE, LEAVENING (SODIUM ACID PYROPHOSPHATE AND SODIUM BICARBONATE), AGAR, SOY LECITHIN, DATEM, NATURAL AND ARTIFICIAL FLAVOR, TITANIUM DIOXIDE (COLOR), MONOGLYCERIDES, ENZYMES, WHEAT STARCH, COLORED WITH TURMERIC AND ANNATTO, ASCORBIC ACID, DRY HONEY, CALCIUM STEARATE, HYDROXYLATED SOY LECITHIN, PRESERVED WITH CALCIUM PROPIONATE, SODIUM PROPIONATE, POTASSIUM SORBATE AND NATAMYCIN

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.