

11457 Olde Cabin Rd
 Suite 100
 St. Louis, MO 63141



Grain/Bread Contribution

Product	GFS Reorder Number	Manu Code	Serving Size	Whole Grain Equivalent Ounces
GFS Traditional Stuffing Mix	455770	T600-J2193	½ cup prepared	1 oz eq
GFS Cornbread Stuffing Mix	455761	T601-J2193	½ cup prepared	1 oz eq

I certify that the above information is true and accurate. Calculations are based on the following factors:

	Traditional Stuffing	Cornbread Stuffing
Creditable Grain Ingredient	Enriched Wheat Flour	Enriched Wheat Flour
Quantity in ½ cup (32g dry)	24 g	16.5 g

According to the USDA Food Buying Guide for Child Nutrition Programs, to count as one full grains/breads serving, a food product must contain no less than 14.75 g of enriched or whole-grain meal and/or flour, bran, and/or germ. In the ingredient statement, the primary grain ingredient is labeled “enriched.”

Group A	Minimum Serving Size for Group A	Traditional Stuffing	Cornbread Stuffing
Stuffing (dry) Note: weights apply to bread in stuffing.	1 serving = 20 g or 0.7 oz ¾ serving = 15 g or 0.5 oz ½ serving = 10 g or 0.4 oz ¼ serving = 5 g or 0.2 oz	28 g of bread per ½ serving	28 g of bread per ½ serving

Signature of Company Representative  Date 7/21/14
 Luann Schafer, Senior Marketing Manager