



LOT: 1234567890

# Oven Ready Whole Grain Breaded Cod Nuggets

1 oz



**INDIVIDUALLY  
QUICK FROZEN**

**KEEP FROZEN**

**DO NOT  
REFREEZE**

2564976

CN 098906

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH  
NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ  
EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN  
REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT  
AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA  
04/2020)

CN

**Copy Not For Federal Meal Requirements**

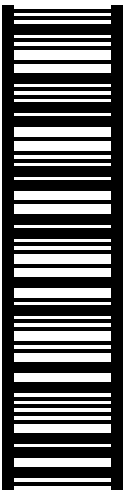
INGREDIENTS: 64.2% COD (FISH, WATER, SODIUM TRIPHOSPHATE (TO RETAIN MOISTURE)), 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: FISH (COD), WHEAT, MILK

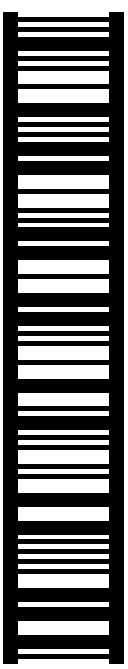


EST. # 045

NET WT 10 Lb (4.54 kg)



10070737510674



10070737510674

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3664  
www.highlinerfoods.com

51067



# Oven Ready Whole Grain

# 51067

LOT: 1234567890

INDIVIDUALLY  
QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

2564976



EST. # 002

# Breaded Cod Nuggets

# 1 oz



COOKING INSTRUCTIONS FROM FROZEN:  
TO BAKE: Place frozen nuggets on a lightly oiled baking pan.

CONVECTION OVEN: Preheat oven to 375°F and bake for approximately 10 minutes.

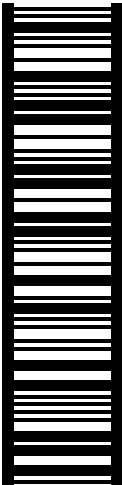
CONVENTIONAL OVEN: preheat oven to 400°F and bake for approximately 15 minutes.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

INGREDIENTS: 64.2% COD (FISH, WATER, SODIUM TRIPHOSPHATE (TO RETAIN MOISTURE)), 35.8% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: FISH (COD), WHEAT, MILK

# NET WT 10 Lb (4.54 kg)



10070737510674

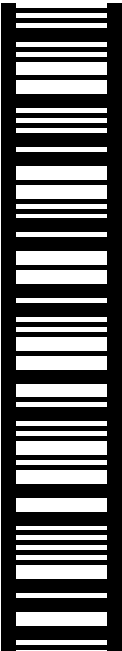
CN098911

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 04/2020)

CN

# 51067

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3664  
[www.highlinerfoods.com](http://www.highlinerfoods.com)



10070737510674