



Anchor Breaded Mozzarella Cheese Sticks For Schools
USDA School Lunch Meal Planning Nutrition Facts
 Product Code: 50010468

NUTRITION FACTS			
Serving Size 2.62 oz (74.3g)(3 sticks) FROZEN *			
Amount per Serving		Calories from Fat 100	
Calories 230			
% Daily Value [†]			
Total Fat	12g		18%
Saturated Fat	4.5g		23%
Trans Fat	0g		
Cholesterol	15mg		5%
Sodium	780mg		33%
Total Carbohydrate	22g		7%
Dietary Fiber	1g		4%
Sugars	3g		
Protein	9g		
Vitamin A	5%	Vitamin C	15%
Calcium	15%	Iron	15%
INGREDIENTS: Mozzarella Cheese (Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes, Calcium Chloride), Enriched Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean And/Or Canola), Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Annatto Extract, Caramel Color, Cheddar Cheese [(Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Disodium Phosphate, Annatto Extract], Dextrose, Dried Garlic, Extractives of Paprika, Extractives of Paprika and Turmeric, Guar Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Malic Acid, Maltodextrin, Modified Food Starch, Mono & Diglycerides, Natural and Artificial Flavors, Nonfat Milk, Onion Powder, Paprika Extract (color), Parsley, Salt, Sodium Alginate, Spice Extractive, Sugar, Vegetable Oil Shortening (Partially Hydrogenated Soybean And/Or Cottonseed), Whey, Yeast, Yellow Corn Flour.			

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Cheese, Mozzarella (pg. 1-23)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16	1 oz	6.3

McCain Equivalent per Bag			
FBG serving adjusted to accommodate coating system; not part of meat alternate serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	24.42	1 oz	4.09
4 Pounds	14.65	2 oz	6.82

McCain Equivalent per Case			
FBG serving adjusted to accommodate coating system; not part of meat alternate serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 bags per case)	146.52	1 oz	0.68
24 Pounds (6 bags per case)	87.90	2 oz	1.13

Meat/Meat Alternate Servings:

* Per FBG, 1 oz meat alternate serving equals 2.62oz (74.3g)(3 sticks) of Cheese sticks

* Per FBG, 2 oz meat alternate serving equals 4.37oz (123.9g)(5sticks) of Cheese sticks

Grain/Bread Servings:

2 pieces= 1 grain serving (16g of enriched grains)

3 pieces = 1.5 grain/bread servings (24g of enriched grains)

5 pieces = 2.5 grain/bread servings (40g enriched grains)

I certify that this information is true and correct.

3/20/2013

Date

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