



16000-28931

General Mills Cheerios [Cereal in a Cup]

INGREDIENTS:

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts			
Serving Size 1 container (36g)			
Amount Per Serving			
Calories	130		
Calories from Fat	20		
	% Daily Value*		
Total Fat 2.5g	4%		
Saturated Fat 0.5g	3%		
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 1g			
Cholesterol 0mg	0%		
Sodium 180mg	7%		
Potassium 230mg	7%		
Total Carbohydrate 26g	9%		
Dietary Fiber 4g	14%		
Soluble Fiber 1g			
Sugars 2g			
Protein 4g			
Vitamin A	15%	Vitamin C	10%
Calcium	10%	Iron	60%
Vitamin D	10%	Thiamin	40%
Niacin	30%	Vitamin B6	35%
Folic Acid	60%	Vitamin B12	30%
Phosphorus	10%	Magnesium	10%
Zinc	30%		

*Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Information			
100g			
Amount Per Serving			
Calories	372.0		
Calories from Fat	59.6		
Total Fat	6.6 g		
Saturated Fat	1.6 g		
Trans Fat	0.0 g		
Polyunsaturated Fat	2.4 g		
Monounsaturated Fat	2.3 g		
Cholesterol	0.0 mg		
Sodium	496.6 mg		
Potassium	632.8 mg		
Total Carbohydrate	73.2 g		
Dietary Fiber	10.1 g		
Soluble Fiber	2.7 g		
Sugars	4.5 g		
Protein	12.4 g		
Vitamin A	1785.7 IU	Vitamin C	21.4 mg
Calcium	357.1 mg	Iron	28.9 mg
Vitamin D	142.9 IU	Thiamin	1.3 mg
Niacin	17.9 mg	Vitamin B6	1785.7 mcg
Folic Acid	714.3 mcg	Vitamin B12	5.4 mcg
Phosphorus	357.1 mg	Magnesium	114.3 mg
Zinc	13.4 mg		

IMPORTANT: The Nutrition Information is given in unrounded figures so that it can be combined with other ingredients used in making up finished products.

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
GENERAL MILLS * P.O. Box 200 - FS * MINNEAPOLIS, MINNESOTA 55440

I certify that the information contained in this document is true and correct as of the date above. Sonam Sethi - General Mills Product Labeling



000-16000-28932-1
General Mills
Cinnamon Toast Crunch [Cereal in a Cup]
 60 - 2.0 OZ (57g) CONTAINERS
 NET WT 7.5 LB (3.4kg)



Ingredients:

Whole Grain Wheat, Sugar, Rice Flour, Rice Bran and/or Canola Oil, Fructose, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Color Added. BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

CONTAINS WHEAT AND SOY INGREDIENTS.

Nutrition Facts			
Serving Size 1 Container (57g)			
Amount Per Serving			
Calories		230	
Calories from Fat		50	
			% Daily Value*
Total Fat 6g			9%
Saturated Fat 1g			5%
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 3g			
Cholesterol 0mg			0%
Sodium 330mg			14%
Potassium 100mg			3%
Total Carbohydrate 45g			15%
Dietary Fiber 3g			12%
Sugars 17g			
Protein 3g			
Vitamin A	20%	Vitamin C	20%
Calcium	20%	Iron	45%
Vitamin D	20%	Thiamin	45%
Riboflavin	45%	Niacin	45%
Vitamin B6	45%	Folic Acid	45%
Vitamin B12	45%	Zinc	45%

*Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Information			
100g			
Amount Per Serving			
Calories			410.5
Calories from Fat			91.1
Total Fat			10.1 g
Saturated Fat			1.1 g
Trans Fat			0.2 g
Cholesterol			0.0 mg
Sodium			581.2 mg
Potassium			175.1 mg
Total Carbohydrate			79.0 g
Dietary Fiber			5.3 g
Sugars			29.8 g
Protein			5.3 g
Vitamin A	1612.9 IU	Vitamin C	19.4 mg
Calcium	322.6 mg	Iron	14.5 mg
Vitamin D	129.0 IU	Thiamin	1.2 mg
Riboflavin	1.4 mg	Niacin	16.1 mg
Vitamin B6	1612.9 mcg	Folic Acid	322.6 mcg
Vitamin B12	4.8 mcg	Zinc	12.1 mg

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16000-28933
General Mills Honey Nut Cheerios
60 - 1.8 OZ (51g) CONTAINERS
NET WT 6.75 LB (3.0kg)

INGREDIENTS:

Whole Grain Oats, Sugar, Oat Bran, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Rice Bran Oil and/or Canola Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

CONTAINS ALMOND INGREDIENTS.

Nutrition Facts			
Serving Size 1 Container (51g)			
Amount Per Serving			
Calories			190
Calories from Fat			20
% Daily Value*			
Total Fat 2.5g			4%
Saturated Fat 0.5g			2%
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 1g			
Cholesterol 0mg			0%
Sodium 290mg			12%
Potassium 200mg			6%
Total Carbohydrate 39g			13%
Dietary Fiber 3g			14%
Soluble Fiber 1g			
Sugars 17g			
Protein 4g			
Vitamin A	15%	Vitamin C	15%
Calcium	15%	Iron	45%
Vitamin D	15%	Thiamin	45%
Riboflavin	45%	Niacin	45%
Vitamin B6	45%	Folic Acid	80%
Vitamin B12	45%	Phosphorus	15%
Magnesium	10%	Zinc	45%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Nutrition Information			
100g			
Amount Per Serving			
Calories			377.3
Calories from Fat			43.3
Total Fat			4.8 g
Saturated Fat			1.1 g
Trans Fat			0.0 g
Polyunsaturated Fat			1.8 g
Monounsaturated Fat			1.7 g
Cholesterol			0.0 mg
Sodium			565.3 mg
Potassium			407.1 mg
Total Carbohydrate			80.0 g
Dietary Fiber			7.2 g
Soluble Fiber			2.0 g
Sugars			33.3 g
Protein			8.7 g
Vitamin A	1785.7 IU	Vitamin C	21.4 mg
Calcium	357.1 mg	Iron	19.3 mg
Vitamin D	142.9 IU	Thiamin	1.6 mg
Riboflavin	1.8 mg	Niacin	17.9 mg
Vitamin B6	2142.9 mcg	Folic Acid	714.3 mcg
Vitamin B12	5.4 mcg	Phosphorus	285.7 mg
Magnesium	85.7 mg	Zinc	13.4 mg

IMPORTANT: The Nutrition Information is given in unrounded figures so that it can be combined with other ingredients used in making up finished products.

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16000-14157
Rice Chex Oven Toasted Rice Cereal
 NET WT 1.4 OZ (40g)



Ingredients:

Whole Grain Rice, Rice, Sugar, Salt, Molasses. Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts			
Serving Size 1 Container (40g)			
Amount Per Serving			
Calories	150		
Calories from Fat	5		
	% Daily Value*		
Total Fat 0.5g	1%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Polyunsaturated Fat 0g			
Monounsaturated Fat 0g			
Cholesterol 0mg	0%		
Sodium 320mg	13%		
Potassium 80mg	2%		
Total Carbohydrate 34g	11%		
Dietary Fiber 1g	4%		
Sugars 3g			
Other Carbohydrate 30g			
Protein 3g			
Vitamin A	15%	Vitamin C	10%
Calcium	15%	Iron	70%
Vitamin D	10%	Thiamin	30%
Riboflavin	30%	Niacin	30%
Vitamin B6	30%	Folic Acid	70%
Vitamin B12	30%	Zinc	35%

*Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Information			
Serving Size (100g)			
Amount Per Serving			
Calories	375.2		
Calories from Fat	16.8		
Total Fat	1.9 g		
Saturated Fat	0.5 g		
Trans Fat	0.0 g		
Cholesterol	0.0 mg		
Sodium	808.5 mg		
Potassium	187.8 mg		
Total Carbohydrate	85.1 g		
Dietary Fiber	2.0 g		
Sugars	8.0 g		
Protein	6.4 g		
Vitamin A	1851.9 IU	Vitamin C	22.2 mg
Calcium	370.4 mg	Iron	40.0 mg
Vitamin D	148.1 IU	Thiamin	1.7 mg
Riboflavin	2.2 mg	Niacin	25.9 mg
Vitamin B6	2592.6 mcg	Folic Acid	1185.2 mcg
Vitamin B12	5.6 mcg	Zinc	16.7 mg

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16000-17188

Total Crunchy Whole Grain Wheat Flakes

NET WT 1.5 OZ (43g)



Ingredients:

Whole Grain Wheat, Sugar, Corn Syrup, Salt. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Vitamin C (sodium ascorbate), Zinc and Iron (mineral nutrients), Vitamin E Acetate, A B Vitamin (niacinamide), A B Vitamin (calcium pantothenate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin A (palmitate), Vitamin B12, Vitamin D3.

CONTAINS WHEAT; MAY CONTAIN ALMOND INGREDIENTS.

Nutrition Facts			
Serving Size 1 container (43g)			
Amount Per Serving			
Calories	150		
Calories from Fat	10		
		% Daily Value*	
Total Fat 1g		2%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 200mg		8%	
Potassium 140mg		4%	
Total Carbohydrate 36g		12%	
Dietary Fiber 4g		17%	
Sugars 7g			
Protein 4g			
Vitamin A	15%	Vitamin C	140%
Calcium	4%	Iron	140%
Vitamin D	35%	Vitamin E	140%
Thiamin	140%	Riboflavin	140%
Niacin	140%	Vitamin B6	140%
Folic Acid	140%	Vitamin B12	140%
Pantothenic Acid	140%	Zinc	140%

*Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Information			
Serving Size (100g)			
Amount Per Serving			
Calories	354.9		
Calories from Fat	20.7		
Total Fat	2.3 g		
Saturated Fat	0.5 g		
Trans Fat	0.0 g		
Polyunsaturated Fat	1.2 g		
Monounsaturated Fat	0.4 g		
Cholesterol	0.0 mg		
Sodium	474.3 mg		
Potassium	328.5 mg		
Total Carbohydrate	83.7 g		
Dietary Fiber	10.1 g		
Sugars	15.0 g		
Other Carbohydrate	58.5 g		
Protein	8.4 g		
Vitamin A	1666.7 IU	Vitamin C	200.0 mg
Calcium	66.7 mg	Iron	60.0 mg
Vitamin D	333.3 IU	Vitamin E	100.0 IU
Thiamin	5.0 mg	Riboflavin	5.7 mg
Niacin	66.7 mg	Vitamin B6	6666.7 mcg
Folic Acid	1333.3 mcg	Vitamin B12	20.0 mcg
Pantothenic Acid	33333.3 mcg	Phosphorus	200.0 mg
Magnesium	80.0 mg	Zinc	50.0 mg

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Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weight per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Cheerios® Cup Code No.: 16000-28931

Manufacturer: General Mills, Inc. Serving Size 1.3 OZ (39g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Product per Food Buying Guide, Portion Size of Product as Purchased (A), Weight of one ounce equivalent as listed in SP 30-2012 (B), and Creditable Amount (A ÷ B). Row 1: Ready to Eat Cereal, 39g, 28g, 39g ÷ 28g = 1.39. Row 2: Total Creditable Amount¹, 1.25.

¹Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.25 OZ (39g)

Total contribution of product (per portion) 1.25 oz equivalent

I further certify that the above information is true and correct and that a 39g/1.25 ounce portion of this product (ready for serving) provides 1.25 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Sus Coult

Susan Coult, MS, MBA, RD, LD, SNS
Quality and Regulatory Manager, K - 12
September 01, 2016
Phone Number : 1-800-767-5404



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weights per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Cinnamon Toast Crunch @ Cup Code No.: 16000-28932

Manufacturer: General Mills, Inc. Serving Size 2.0 OZ (57g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Creditable Grain Ingredient*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, Creditable Amount A ÷ B. Row 1: Ready to Eat Cereal, 57g, 28g, 57g ÷ 28g = 2.03. Row 2: Total Creditable Amount 1, 2.00.

1 Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 2.0 OZ (57g)
Total contribution of product (per portion) 2.00 oz equivalent

I Further certify that the above information is true and correct and that a 57g/2.0 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Susan Coult
Susan Coult, MS, MBA, RD, LD, SNS
Quality and Regulatory Manager, K - 12
September 01, 2016
Phone Number : 1-800-767-5404



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weights per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Honey Nut Cheerios® Cup Code No.: 16000-28933

Manufacturer: General Mills, Inc. Serving Size 1.8 OZ (52g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Product per Food Buying Guide, Portion Size of Product as Purchased (A), Weight of one ounce equivalent as listed in SP 30-2012 (B), and Creditable Amount (A ÷ B). Row 1: Ready to Eat Cereal, 52g, 28g, 52g ÷ 28g = 1.85. Row 2: Total Creditable Amount, 1.75.

1Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.8 OZ (52g)
Total contribution of product (per portion) 1.75 oz equivalent

I further certify that the above information is true and correct and that a 52g/1.8 ounce portion of this product (ready for serving) provides 1.75 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Susan Coult
Susan Coult, MS, MBA, RD, LD, SNS
Quality and Regulatory Manager, K - 12
September 01, 2016
Phone Number : 1-800-767-5404



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weights per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Rice Chex @ Cup Code No.: 16000-14157

Manufacturer: General Mills, Inc. Serving Size 1.4 OZ (40g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Creditable Grain Ingredient*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, Creditable Amount A ÷ B. Row 1: Ready to Eat Cereal, 40g, 28g, 40g ÷ 28g = 1.42. Row 2: Total Creditable Amount 1, 1.25.

1Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.4 OZ (40g)
Total contribution of product (per portion) 1.25 oz equivalent

I Further certify that the above information is true and correct and that a 40g/1.4 ounce portion of this product (ready for serving) provides 1.25 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Susan Coult
Susan Coult, MS, MBA, RD, LD, SNS
Quality and Regulatory Manager, K - 12
August 18, 2015
Phone Number : 1-800-767-5404



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weight per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Total@ Whole Grain Cup Code No.: 16000-17188

Manufacturer: General Mills, Inc. Serving Size 1.5 OZ (43g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Product per Food Buying Guide, Portion Size of Product as Purchased (A), Weight of one ounce equivalent as listed in SP 30-2012 (B), and Creditable Amount (A ÷ B). Row 1: Ready to Eat Cereal, 43g, 28g, 43g ÷ 28g = 1.53. Row 2: Total Creditable Amount, 1.50.

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.5 OZ (43g)
Total contribution of product (per portion) 1.50 oz equivalent

I further certify that the above information is true and correct and that a 43g/1.5 ounce portion of this product (ready for serving) provides 1.50 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

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August 18, 2015
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