

Nutritional Information

07/16/2014

**720971 - BREADED CHICKEN PATTIES (50-3.2z. Natural Shape)With
Whole Wheat Breading.
Serving Size: 3.2 oz, 1 piece**

| | Amount Per Serving | % of Daily Value |
|-------------------------|--------------------|------------------|
| Basic Components | | |
| Calories | 160 | |
| Calories from Fat | 45 g | |
| Trans Fat | 0 g | |
| Protein | 15 g | |
| Carbohydrates | 13 g | 4 % |
| Dietary Fiber | 2 g | 10 % |
| Sugars | 1 g | |
| Fat - Total | 5 g | 8 % |
| Saturated Fat | 2 g | 7 % |
| Cholesterol | 30 mg | 10 % |
| Vitamins | | |
| Vitamin A | | 2 % |
| Vitamin C | | 2 % |
| Minerals | | |
| Calcium | | 2 % |
| Iron | | 6 % |
| Sodium | 240 mg | 10 % |

Ingredients:

Pattie Ingredients: Chicken, water, Textured Soy Protein, salt, soy protein concentrate, natural chicken broth, natural flavor (hydrolyzed corn protein), onion and garlic powder, autolyzed yeast, spices, disodium inosinate, disodium guanylate. Batter Ingredients: Water, bleached wheat flour, modified corn starch, yellow corn flour, salt, palm oil, leavening (sodium acid pyrophosphate, sodium bicarbonate), sugar, spices, onion powder, garlic powder, caramel color. Breading Ingredients: Whole Wheat Flour, Palm Oil, Turbinado Sugar, Yeast, Expeller Pressed Canola Oil, Wheat Flour, Salt, Not More Than 2% Silicon Dioxide Added to Prevent Caking. Contains: Wheat, Soy.