

P.O. Box 11547, Carson, California 90749-1547

School Lunch Information Program

Product Description

Uncle Ben's® Long Grain & Wild GARDEN BLEND

Description					UPC Code	Plant Status	
6	/	36	oz	Unit(s) Per Case	0 54800 02007 2	In Production	

INGREDIENT DECLARATION

ENRICHED PARBOILED RICE [LONG GRAIN RICE, IRON (FERRIC ORTHOPHOSPHATE), THIAMIN (THIAMINE MONONITRATE), FOLATE (FOLIC ACID)]; WILD RICE; VEGETABLES* (ONION, CELERY, CARROTS, PARSLEY); YEAST EXTRACT; SALT; CHICKEN*++ (FAT, BROTH), SUGAR; POTASSIUM CHLORIDE; ONION POWDER; GARLIC POWDER; NATURAL FLAVORS; ROSEMARY EXTRACT FOR FRESHNESS; TURMERIC (COLOR). *DRIED

ADDS A TRIVIAL AMOUNT OF SATURATED FAT+ AND CHOLESTEROL‡.

School Lunch Program Serving Size: 1/2 Cup Cooked

Creditable Grain/Bread Servings:

Creditable Fruit/Veg Servings:

Creditable Meat/Meat Alt Servings:

Nutritional Information As Packaged

	Containe	er About	ed) 18	
Amount Per Ser	ving			
Calories 200	Calc	ories from	Fat 10	
		% Da	illy Value	
Total Fat 1g			2%	
Saturated	Fat 0g		0%	
Trans Fat	0g			
Cholesterol	Omg		0%	
Sodium 750	ma		31%	
Potassium 4			13%	
Total Carbo	-	41a	14%	
Dietary Fil			4%	
Sugars 3g			400	
Protein 5g	0110110110110110	110110110110110	1101101101100	
Vitamin A 09	6 - 1	Vitamin C	0%	
Calcium 6%	• 1	ron 10%		
Thiamin 25%		Niacin 20	196	
Folate 25%				
*Percent Daily Vi diet. Your daily vi depending on yo	alues may be	e higher or I		
Total Fat Saturated Fat Cholesterol Sedium Potassium Total Carbohydra Dietary Fiber	Less Than Less Than Less Than Less Than ate		80g 25g 300 mg 2,400mg 3,500 mg 375g 30g	

Product & Nutrient Content Claims Based on FDA Guidelines/Rounding Rules

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			Good Source	Exclt Source					
Fat Free		Fiber							
Low Fat	X	Vitamin A							
No Saturated Fat	X	Vitamin C							
Low Saturated Fat		Thiamin		X					
0g Trans Fat	X	Niacin	X						
Cholesterol Free	X	Folate		X					
Low Cholesterol		Iron	X						
Sodium Free									
Very Low Sodium									
Low Sodium									

I certify that the above information is true and correct.

Rachel Gil

Systems & Regulatory Affairs Scientist

Lachel & Dil

Date Signed: