

Breaded Chicken Breast Fillet

Item #: 62024 Pieces Per Case: 100 Piece Size (oz.): 2.40 Case Weight (lb.): 15.00



Product Source: ROSS

Description: Fully cooked, chopped chicken breast. Golden brown flour and cracker crumb breading. Fillet shape.

Technical Label Name: BREADED AND PRECOOKED CHICKEN BREAST CUTLET WITH RIB MEAT CHUNKED-- FORMED-- FROZEN

Packaging Type: BULK-LINER

Master Case UPC Code: 00031602060734

Master Case Length: 19.06000

Master Case Width: 9.81000

Master Case Height: 8.56000

Master Case Cube: 0.92620

Cases/Layer: 10

Cases/Pallet: 50

Layers/Pallet: 5

Frozen Shelf Life (days): 455

Refrigerated Shelf Life (days): 0

Preparation Method:

Conventional Oven: Conventional Oven: From the frozen state, bake at 400degrees F in conventional oven for 13-15 minutes.

Convection Oven: Convection Oven: From the frozen state, bake at 375degrees F in convection oven for 11-14 minutes.

Deep Fryer: Deep Fry at 350 degrees F for 2 1/2 to 3 1/2 Minutes

Ingredient Statement: INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, BLEACHED ENRICHED WHEAT FLOUR (ENRICHED WITH: NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, FLAVOR, CORN STARCH, DEXTROSE, WHEAT FLOUR, YELLOW CORN FLOUR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), BUTTERMILK SOLIDS, SODIUM PHOSPHATE, GUAR GUM, METHYLCELLULOSE. CONTAINS: WHEAT, MILK.

CN Equivalency Statement: 62024

Master-Case-Labels: 62024

Nutrition Facts:

Serving Size: 2.40 OZ (67 g)
Servings Per Container: 100

Calories / Calories from Fat: 180 / 100

	% Daily Value **
Total Fat 11 g	17%
Saturated Fat 3 g	15%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 430 mg	18%
Total Carbohydrate 9 g	3%
Dietary Fiber 1 g	4%
Sugars 0 g	
Protein 10 g	
Vitamin A	2%
Vitamin C	2%
Calcium	2%
Iron	2%

** Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

SuEllen Noelck
Senior Manager Labeling & Nutrition | Research & Development
9990 Princeton-Glendale Road | Cincinnati, OH 45246
(513)682-1371 | suellen.noelck@advancepierre.com

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Nutritional Data:

Name	UoM	Per Serving	Per 100g
Calcium	mg	18.6	27.7
Calories	kcal	175.9	261.7
Calories from Fat	kcal	98.9	147.2
Cholesterol	mg	31.8	47.4
Dietary Fiber	g	0.5	0.7
Iron	mg	0.5	0.7
Protein	g	9.7	14.5
Saturated Fat	g	2.7	4.1
Serving Size	g	67.2	100.0
Sodium	mg	426.8	635.2
Sugars	g	0.4	0.7
Total Carbohydrate	g	9.0	13.4
Total Fat	g	10.9	16.3
Trans Fat	g	0.1	0.2
Vitamin A	IU	69.3	103.1
Vitamin C	mg	0.8	1.2