

USDA National School Lunch Product Fact Sheet

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Serving Size (as purchased) 2.76 oz.	Contribution Equivalent ½ cup cooked, drained vegetable		Equivalent Servings Per Bag 11.59		-	Equivalent Servings Per Case 139.13	
2.10 0Z. ½ CUP COOK		leu, uraineu vegetable	i vegetable			139.13	
RODUCT FORMULATION CRI							
Food Buying Guide Description of Creditable Ingredient		FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt (quarter cup)	
Beans, Green, frozen Cut, Includes USDA Foods		Other	2.76	x	11.60 / 16	2.00	
	Each 2.	76 ounce serving of the p	product above contains 1/2 cu	p Other vege	table.		
reen Beans.					Serving size Amount per se Calorie Total Fat 0g Saturated Fa Trans Fat 0g Cholesterol 0n Sodium Ong Total Carbohyg	ving 30 % Daily Value* 0% 10g 0% ng 0% 0% 0%	
					Protein 1g Vitamin D 0mcg Calcium 40mg Iron 0.7mg Potassium 150r	2g 7% 1g g Added Sugars 0% 4% 4% mg 4%	
.LERGENS PRESENT None □ Milk □ Eqg □ W			ee Nuts □ Fish □ Mollι		Total Sugars Includes 0 Protein 1g Vitamin D Omcç Calcium 40mg Iron 0.7mg Potassium 150r Vitamin A 10mc Vitamin A 10mc	2g 7% 1g g Added Sugars 0% 0 0% 4% 19 4%	

COOKING INSTRUCTIONS				
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.			
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.			
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 14 minutes, stirring halfway through cook time.			
To Serve Cold	Prepare vegetables as stated above, then cool as rapidly as possible to refrigerated temperature.			

CASE PACK AND SHELF LIFE (stored at 0°F or below) *Information may vary slightly by production facility						
Gross Weight	25.25 LB	Case Cube (ft. ³)*	0.93	Pallet TI / HI*	10 / 6	
Outer Case Dimensions (L x W x H)*		16" x 11.625" x 8.625"		Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey farley

Kelsey Farley Research Technologist

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