



**Quality Attributes Sheet For Healthy Choice Foodservice Hearty Beef Stew 72oz UPC 94643 41666**

**Ingredient Statement:** Water, Seasoned Cooked Beef (Beef, Water, Contains 2% Or Less Of Caramel Color, Dextrose, Flavor [Natural Flavor, Salt, Maltodextrin, Dried Whey, Dried Cauliflower & Sesame Oil], Modified Corn Starch, Potassium Chloride, Potassium Phosphate, Salt, Sodium Phosphates, Spice Extractives), Carrots, Peas, Rehydrated Potatoes (Contains Disodium Dihydrogen Pyrophosphate to maintain natural color), Contains 2% or less of: Modified Corn Starch, Onions, Beef Flavor (Cooked Beef, Yeast Extract, Beef Tallow, Beef Extract, Flavoring, Salt, Sugar, Vegetable Juice Concentrates [Onion, Carrot, Celery], Lactic Acid) , Burgundy Wine, Salt, Butter (Cream, Salt), Canola Oil, Garlic, Spice. CONTAINS: MILK

**Nutritional Information:**

<b>Nutrition Facts</b>	
about 9 Servings Per Container	
<b>Serving Size</b>	<b>1 Cup (227g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 590mg	<b>26%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 14g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.3mg	8%
Potassium 620mg	15%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

<b>ALLERGENS</b>	Milk
<b>Product Facts</b>	
Gross Weight (lbs)	20.451
Net Weight (lbs)	18.000
Case Cube (ft3)	0.669
Case Dimensions (LxWxH)	21.938 x 13.375 x 3.938
Pattern Tie x High =	5 x 8 = 40
Total cases	
Shelf Life	540 Days
Storage	Keep Frozen
Kosher	Not a Kosher Product
<b>Country of Origin Information</b>	
Finished Product	USA

**Date:** 2/8/18

*Shawn Fear*

Shawn Fear

Director of Quality, Conagra Brands

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School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: HC FOODSERVICE Beef Stew  
 Manufacturer: ConAgra Foods

Code: 94643 41666  
 Serving Size: 1 cup (227g)

**Vegetable Component**

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Vegetable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)
Carrot small smooth (baby) Frozen	Red/Orange	1.02	X	10.9/16=.68	.69
<b>Total Creditable Vegetable Amount:</b>				<b>.50 quarter cup =</b>	<b>1/8 cup</b>

**Meat Component**

Description of Creditable Meat Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Stew Meat	1.6	x	9.76/16=.61	.976
<b>A. Total Creditable Amount of Meat/ Meat alternatives – rounded down to</b>				<b>.50</b>

\*Creditable Amount – Multiple ounces per raw portion of creditable ingredient by the Food Buying Guide Yield

**Quarter Cup to Cup Conversions\***

- 0.5 Quarter Cups vegetable = 1/8 Cup vegetable or 0.5 ounces of equivalent meat alternate
- 1.0 Quarter Cups vegetable = 1/4 Cup vegetable or 1.0 ounce of equivalent meat alternate
- 1.5 Quarter Cups vegetable = 3/8 Cup vegetable or 1.5 ounces of equivalent meat alternate
- 2.0 Quarter Cups vegetable = 1/2 Cup vegetable or 2.0 ounces of equivalent meat alternate
- 2.5 Quarter Cups vegetable = 5/8 Cup vegetable or 2.5 ounces of equivalent meat alternate
- 3.0 Quarter Cups vegetable = 3/4 Cup vegetable or 3.0 ounces of equivalent meat alternate
- 3.5 Quarter Cups vegetable = 7/8 Cup vegetable or 3.5 ounces of equivalent meat alternate
- 4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

\*The result of 0.9999 equals 1/8 cup but a result of 1.0 equals 1/4 cup

I certify the above estimates are true and correct. This estimate of equivalents has not been evaluated by the FNS, or USDA.

*David Schuett MS RD*

Signature

Nutritionist

Title

David Schuett MS RD

Printed Name

5/16/16

Date