

**Aunt Jemima
Thick French Toast**

43560

Individual Piece Weight = 2.43 oz.

INGREDIENTS: BREAD (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN (VITAMON B3), IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN, (VITAMON B2), FOLIC ACID], WATER, YEAST, SUGAR. CONTAINS 2% OR LESS OF THE FOLLOWING: WHEAT GLUTEN, CULTURED WHEAT FLOUR, VINEGAR, SALT, SOYBEAN OIL, YEAST NUTRIENTS [CALCIUM SULFATE, MONOCALCIUM PHOSPHATE], ASCORBIC ACID [VITAMIN C], TURMERIC [COLOR], SOY LECITHIN), **BATTER** (WATER, REDUCED FAT MILK, WHOLE EGGS, SUGAR, SOYBEAN OIL).

Allergen Statement

CONTAINS: MILK, EGGS, SOY, WHEAT

Nutrition Facts

Serving Size 2 slices (138g)
Servings per Container 48

Amount Per Serving		Calories from Fat 40	
		% Daily Value*	
Calories	260		
Total Fat	4.5g		7%
Saturated Fat	1g		5%
Trans Fat	0g		
Cholesterol	75mg		25%
Sodium	440mg		18%
Total Carbohydrate	43g		14%
Dietary Fiber	1g		4%
Sugars	7g		
Protein	10g		
Vitamin A	2%	Vitamin C	0%
Calcium	6%	Iron	15%
Riboflavin	6%	Vitamin B12	4%
Phosphorus	10%		

*Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 * Carbohydrates 4 * Protein 4

Per Piece Grain Credit using the 16g Ounce Equivalent Standard

Total Creditable Grains 19.98 grams divided by 16 grams =
1.248 Grain oz. eq.

Rounded down to nearest quarter = **1 Grain oz. eq. for 1 slice**
19.98 grams of creditable grains x 2 slices = 39.96g / 16g =
2.497 Grain oz. eq rounded down to nearest quarter = **2.25 Grain oz. eq. for 2 slices**

Per Piece M/MA Credit for Egg Content

8.94g/0.31534921939 oz. Egg multiplied by 1.125 oz. yield per
the Food Buying Guide =

0.35476787181 M/MA ounce equivalents
Rounded down to nearest quarter = **0.25 M/MA oz. eq. per slice**

Whole Grain Rich Qualification

Does this product qualify as Whole Grain Rich? **No**

I certify that the above information is true and correct in accordance with the standards set forth in the Food Buying Guide for Child Nutrition Programs and USDA Memo SP 30-2012 issued April 26, 2012.



Dana Hill, Director Regulatory Affairs,
Pinnacle Foods Group LLC
16g Grain oz. eq. standard
June 16, 2013