### Oven Read\

## Whole Grain Breaded



LOT#: PPYYDDDSNI

ONE 3.60 OZ OVEN READY WHOLE GRAIN BREADED FISH

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www.msc.org sustainable fishery. From an MSC certified

MSC-C-50552

**CN** EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ

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AUTHORIZED BY THE FOOD AND NUTRITION SERVICE

USDA 04/2020

53267

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664 www.highlinerfoods.com

# Pollock Rectangles 3.6 oz

CONVECTION OVEN: Bake at 375°F for approximately 18 minutes. CONVENTIONAL OVEN: Bake at 400°F for approximately 25 minutes TO BAKE: Place frozen rectangle on a lightly oiled baking pan. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUN

QUICK FROZEN

INDIVIDUALLY

COOKING INSTRUCTIONS FROM FROZEN

KEEP FROZEN

REFREEZE

2565388

DO NOT

BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE INGREDIENTS: 71.3% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 28.7% BATTER AND RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, WATER RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, ELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE)

MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, EXTRACTIVES OF PAPRIKA, ANNATTO AND FURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL

CONTAINS: FISH (POLLOCK), WHEAT, MILK

NET WT 10 Lb (4.54 kg

0070737532676

**EST.# 002** 

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