

7197 GFS Pullman Bread, 100% Whole Wheat/ Whole Grain, 22oz

Brand Abbreviation	GF
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3/26/15

Nutrition Facts		Amount /serving	%DV*	Amount /serving	%DV*
Serving Size	1 Slice (31g)	Total Fat	1g 2%	Sodium	95mg 4%
Servings per Unit	20	Saturated Fat	0g 0%	Potassium	40mg 1%
Servings per Container	240	<i>Trans</i> Fat	0g	Total Carbohydrate	14g 5%
		Polyunsaturated	0g	Dietary Fiber	2g 9%
		Monounsaturated	0g	Sugars	2g
Calories	80	Cholesterol	0mg 0%	Protein	3g
Calories from Fat	10	Vitamin A	0%	Calcium	4%
		Thiamine	8%	Iron	4%
		Vitamin C	0%	Niacin	6%
		Riboflavin	2%	Folic Acid	10%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000

Total Fat	Less than	65g	80g
Saturated	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium	Less than	3500mg	3500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9, Carbohydrates 4, Protein 4

INGREDIENTS: WHOLE GRAIN WHEAT FLOUR, WATER, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, SALT, CARAMEL COLOR, DATEM, SODIUM STEAROYL LACTYLATE, CALCIUM PROPIONATE (A PRESERVATIVE), POTASSIUM CHLORIDE, SODIUM GLUCONATE, WHEAT STARCH, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SOY LECITHIN.

GF-7197-0315

Contains wheat and soy ingredients.

Aunt Millie's Bakeries, Fort Wayne, IN 46802

NUTRITION & HEALTH CLAIMS		NUTRITIONAL VALUES per serving		PRODUCT SPECIFICATIONS	
	Kosher Pareve	WeightWatchers® SmartPoints®		net weight/unit	22 oz
0g of Trans Fat /serv		Grams of Creditable Whole Grains	21		22 OZ (1 LB 6 OZ) 624g
0g of Cholesterol /serv		Total Creditable Grains	21	count / unit (slices or pcs)	20 slices
0g of Saturated Fat /serv	Good Source of Fiber	OEG Method 1	1	dimensions/unit (LxWxH)	12.5"L x 4.5"W x 4"H
No High Fructose Corn Syrup		OEG Method 2	1.25	product style	flat top
Reduced Sodium	Whole Grain Council Stamp	Sodium for 100g of Product	308mg	topping	none
				Fresh or Frozen	Frozen
				units/container	12 units
				net weight/container	264 oz
					264 OZ (16 LB 8 OZ) 7.48kg

***OEG= Ounce Equivalent Grains

Case or Unit Label	Case
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Type of Bag	Plain
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Aunt Millie's Bakeries

350 Pearl Street, Fort Wayne, IN 46802

PHONE: (260)424-8245

Product Formulation Statement

Product Name: 100% Whole Wheat Whole Grain Sandwich Bread, 22oz Code No: 7197

Case Weight and Pack/Count: 16lbs 8 oz (12 pkgs 20 slices) Serving Size (Weight/Volume): 1 slice (31g) Calories per Serving: 80

Primary Grain Ingredients in Product: Whole Grain Wheat Flour

I. Does the product meet the Whole Grain-Rich Criteria: Yes No

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams: _____

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq.) Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Method 1

Serving Size (per grams)	Grams per Ounce Equivalent (28g)	Creditable Amount
A	B	A divided by B
31g	28	1.107
Total Ounce Equivalent Grains (OEG)		1.0

Method 2

Description of Creditable Grains	Grams of Creditable Grains Ingredient per Portion ¹	Gram Standard of Creditable Grains per oz equivalent (16g) ²	Creditable Amount
	A	B	A divided by B
Whole Wheat Flour	21	16	1.3125
Enriched Flour	0	16	0
Total Creditable Grains ³			1.25

Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹ (Serving size) X (%of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

² Standard grams of creditable grains from the corresponding Group in Exhibit A.

³ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

I certify that the above information is true and correct. One serving of Method 1 (ready to eat) contains 1.0 serving(s) of Grains. One serving of Method 2 (ready to eat) contains 1.25 serving(s) of Grains.

X Rod Radalia

Date: 8/18/2016

Rod Radalia

V.P., Technical Services & Quality Assurance

Created By: Tara Withington

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Approved By: Rod Radalia

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File: Product Formulation Statement

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Striving for Perfection

