

**Fernando's®****05218**

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**BEEF, CHEESE & BEAN BURRITO****18g Whole Grain per Serving**

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), WATER, GROUND BEEF (NOT MORE THAN 26% FAT), PASTEURIZED PROCESSED AMERICAN CHEESE [AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, VEGETABLE OIL, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), NATURAL FLAVORS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), DEHYDRATED ONION, SPICES, SOY LECITHIN, BEEF TYPE FLAVOR (HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT), CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE (SEMI-SOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH—MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), SODIUM ALGINATE, SODIUM PHOSPHATE, COCOA POWDER, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)).

CONTAINS WHEAT, SOY, MILK AND GLUTEN.

Copy not for documenting  
Federal meal requirements

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EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT

ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION

MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND

STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01-13.)

CN

**HEATING  
INSTRUCTIONS**

	FRIED 360 F	MICRO	OVEN 280 F	CONVEC. 280 F
FROZEN	*N/R MIN.	*N/R MIN.	*N/R MIN.	*N/R MIN.
THAWED	*N/R MIN.	*N/R MIN.	25-30 MIN.	16-22 MIN.

Internal Temperature of product should be 160 F. \*N/R - Not Recommended

**Nutrition Facts**

Serving Size 1 Burrito (142 g)  
Servings Per Container 60

Amount Per Serving

**Calories 360** **Calories from Fat 130**

% Daily Value\*

**Total Fat 15 g** **23 %****Saturated Fat 7 g** **35 %****Trans Fat 0 g****Cholesterol 25 mg** **8 %****Sodium 460 mg** **19 %****Total Carbohydrate 40** **13 %****Dietary Fiber 5 g** **20 %****Sugars 3 g****Protein 16 g****Vitamin A 8 % - Vitamin C 2 %****Calcium 10 % - Iron 8 %**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  
Calories: 2,000 2,500

Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**KEEP  
FROZEN**

Dist. by Fernando's Foods,  
Compton, CA 90221

**NET WT. 18.75 LBS.**  
**60 CT/5.00 OZ.**

123 - 4246 - 0005