# ernando's 05818



# BEEF, CHEESE & BEAN BURRITO

18g Whole Grain per Serving

#### INDIVIDUALLY WRAPPED

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF MONO AND DIGLYCERIDES BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], WATER, GROUND BEEF (NOT MORÉ THAN 26% FAT), PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, VEGETABLE OIL, TEXTURED VEGETABLE PROTEIN PRODUCT (80Ý FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FÉRROUS SULFATÉ, COPPER GLUCÓNATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), NATURAL FLAVORS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), DEHYDRATED ONION, SPICES, SOY LECITHIN, BEEF TYPE FLAVOR [HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT], CHEESE FLAVOR [DEHYDRATED BLEND OF CHEESE (SEMISOFT AND CHEDDAR {PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES}), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), SODIUM ALGINATE, SODIUM PHOSPHATE, COCOA POWDER, NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)]. CONTAINS WHEAT, SOY, MILK AND GLUTEN.

#### Copy not for documenting

Federal meal requirements

- CN EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS, (USE OF THIS LOGO AND

STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01 - 13.)

-	8.0	
U	N	60

UEATING		FRIED	360 F	MI	CRO	OVEN :	280 F	CONVEC.	280 F
HEATING	FROZEN	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.
INSTRUCTIONS	THAWED	*N/R	MIN.	*N/R	MIN.	25-30	MIN.	16-22	MIN.
IIIU I IIU VI IVIIU I					ACCUMANTAL PROPERTY.				

Temperature of product should be 160 F. "N/R - Not Recommended

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### Nutrition Facts

Serving Size 1 Burrito (142 g) Servings Per Container 96

mount	Per	Servi	na	

Calories 360 Calories from Fat 130

			% Daily Value*
Total	Fat	15 g	23 %

Saturated Fat 7 g 35 %

Cholesterol 25 mg

8 % Sodium 460 mg 19 %

Total Carbohydrate 40 g 13 %

20 %

Dietary Fiber 5 q Sugars 3 g

Protein 16 g

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Vitamin C Vitamin A

10 % 8 % Calcium Iron

"Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2.000 2,500

Total Fat Less than 65 a 80 a Sat Fat 20 a 25 g Less than Cholesterol Less than 300 mg 300 mg Less than 2,400 mg 2,400 mg Sodium Total Carbohydrate 300 g 375 a **Dietary Fiber** 25 a 30 a

Calories per gram: Fat 9 . Carbohydrate 4 . Protein 4

## KEEP FR07FN

DEPARTMENT OF AGRICULTURE

Dist. by Fernando's Foods, Compton, CA 90221

NET WT. 30.00 LBS. 96 CT/5.00 OZ.