



Date: September 13, 2013

NUTRITION AND INGREDIENT STATEMENT

2.3kg Tropical Gold Pineapple Premium Cut in Extra Light Syrup PID 01442 Rev. 2

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Serving Size 1/2 cup (123g) Servings about 19 Calories 80 Calories from Fat 0	Total Fat 0g	0%	Total Carbohydrate 19g	6%
	Saturated Fat 0g	0%	Dietary Fiber 1g	6%
	Trans Fat 0g		Sugars 15g	
	Sodium 0mg	0%	Protein 0g	
	Potassium 140mg	4%		
	Vitamin C 50%			
*Percent Daily Values (DV) are based on a 2,000 calorie diet. Not a significant source of cholesterol, vitamin A, iron, or calcium.				
INGREDIENTS: PINEAPPLE, WATER, SUGAR, CITRIC ACID, AND ASCORBIC ACID (TO PROMOTE COLOR RETENTION).				

Quality Assurance
 Dole Packaged Foods, LLC