



**Ingredient Declaration and Nutritional Information**

**GFS Hearty 12” White Sub Roll**

**Ingredient Declaration:** Wheat Flour, Bleached, Enriched, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Yeast. Contains 2% or less of: Salt, Sugar, Dough Improver (wheat flour, acetylated tartaric esters of mono and diglycerides, salt, calcium stearoyl lactylate, calcium sulfate, soybean oil, ascorbic acid, potassium iodate, l-cysteine hydrochloride, azodicarbonamide, amylase), Calcium Propionate (To Preserve Freshness), Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils, Mono- & Diglycerides), Enzymes

**Contains:** Wheat, Barley

**Processed in a facility that uses:** Eggs, Sesame, Sulfites, Milk, and Soy.

**Nutritional Information:**

Serving Size: 1/3 roll (2.0oz/56.7g)

Servings per Container: 18

Nutrient	Values	Unit	% Daily Value
Calories	130	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2 %
Saturated Fat	0	g	0 %
Trans Fat	0	g	
Cholesterol	0	mg	0 %
Sodium	200	mg	8 %
Total Carbohydrate	25	g	8 %
Dietary Fiber	1	g	4 %
Sugars	1	g	
Protein	5	g	
Vitamin A			0 %
Vitamin C			0 %
Calcium			4 %
Iron			10 %

Required when a cholesterol or other fatty acid claim is made:			
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	

Required when an enrichment claim is made:			
Thiamin			20 %
Riboflavin			10 %
Niacin			10 %

Revision History: "A"

Document #	Revision Date:	Replaces Date:	Version	Content Change	Changed By
COS-NUT49	7/21/14	NA	A	New Form	Matt R

Approved By:

Date:

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