

Product Spec and Nutritional Information

Revision Date: 6/7/2013



Stock Code		Product Name							
67576		Bean & Cheese Burritos							
Bulk Pack									
Net Wt. (oz)	Case Pack		UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions	Pallet Count	Tie/High	
5.200	48		10006574675764	17.025	0.606	19.500 L 14.813 W 3.625 H	66	6 x 11	
National School Lunch Meal Pattern (CN) Contributions ¹									
CN # 081011 CN Date 06-12									
Each 5.200 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		2.00	2.00						
--- OR ---									
B		2.00	2.00						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT, SOY, MILK

BID Specification

Burrito -Frozen Bean & Cheese. Each 5.20 oz. burrito provides 2 OZ Meat Alternate and 2 OZ EQV Grain towards the NSLP, Whole Grain Rich Flour Tortilla. CN labeled. Burritos are bulk packed. 48 count. Preparation instructions included on box. No more than 480 mg Sodium, Less than 12% Calories from Saturated fat, 0 Trans Fat. No less than 290 Kcal. Hand held, Fully Cooked. Heat & Serve-Vegetarian
Los Cabos Brand 67576

Nutritional Information

Serving Size 5.200 oz. (147.42 g)		% Calories from Fat	25.63%	Basis of Analysis: as Cooked.			
Servings Per Package: 1		% Calories from Sat Fat	11.19%				
Calories (Kcal)	291.1100	Fats		Vitamins	%DV	Minerals	%DV
Calories from Fat	74.6100	Total Fat (g)	8.2900	Vitamin A (RE)	0.00 6%	Iron (mg)	3.33 20%
Protein (g)	15.6000	Saturated Fat (g)	3.6200	Vitamin A (IU)	295.24	Sodium (mg)	478.94
Carbohydrates (g)	40.9500	Trans Fat (g)*	0.0100	Vitamin C (mg)	1.54 2%	Calcium (mg)	171.00 15%
Tot. Dietary Fiber (g)	7.9600	Cholesterol (mg)	15.3300				
Ash (g)	1.6100	Water (g)	76.0700				
Fat Change +/- 0%		Moisture Change +/- 0%		Data Source: USDA Handbook 8		*-Trans Fats naturally occurring	

Heating Instructions

Heating Instructions: Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

Bean & Cheese Burritos



Bulk Pack

Los Cabos Mexican Foods

DOP: 194-12-15

KEEP FROZEN

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

67576

Contains WHEAT, SOY, MILK

NET WT. 15 LBS. 9.60 OZ.

M.C. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

48 CT - 5.20 OZ.

W101

Lot #

45554

CN Each 5.20 oz. Burrito provides 2.00 oz. equivalent meat alternate and 081041
2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of CN
this logo and statement authorized by the Food and Nutrition Service, USDA 06-12.) CN

Stock Code
67576

Lot #

45554

10006574675764

CN-NON FED-WG

CN-NON FED-WG

10006574675764

Copy not for documenting Federal Meal Requirements

