

NUTRITIONAL INFORM ATION SHEET

WHOLE WHEAT ABC – SHAPED NUGGETS Fully Cooked Breaded Chicken Breast Patties

WITH RIB MEAT

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CN Five 0.53 oz. Cooked Breaded Chicken Breast Pattie Nuggets with ribmeat provide 2 oz. Equivalent meal/meat alternative and 0.75 serving of bread alternate, for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition, Service, USDA 08-02

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INGREDIENTS: GROUND CHICKEN BREAST MEAT, WATER, VEGETABLE PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, AND RIBOFLAVIN), DRIED WHOLE EGG, LITE SALT(SALT, POTASSIUM CHLORIDE), SUGAR, SODIUM

BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, SALT.

BATTER WITH: WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, WHEY, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SPICE, GARLIC POWDER, OLEORESIN PAPRIKA, GUAR GUM. BREADING IS SET IN VEGETABLE OIL...







PHOSPHATES, WHITE PEPPER, ONION POWDER, GARLIC POWDER,

MFG. DATE XXXXXX

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SIZE .53 NET WT. 10 LBS.

Nutritional Analysis

Per serving

Item number 63354CN

Product Description

WHOLE WHEAT ABC-SHAPED NUGGETS – FULLY COOKED BREADED CHICKEN BREAST PATTIES – (With Rib Meat): made from chicken breast with rib meat blended with Textured Vegetable Protein and seasoning, shaped into proteins. Covered with batter and breading and cooked in vegetable oil, IQF and packaged. Calculations are based on a 2.65 oz serving.

Packaging:

 $200\ lb.$ Burst Strength, Cardboard case with Self-Locking Lip Device;

Bulk Pack

Case Cube: 0.61

Preparation: Cook from a frozen state. Cook to a minimum Internal temperature of

160 degrees F. Conventional oven; 350 degrees F, 8-10 minutes. Fryer: 350 degrees F, 2 ½ - 3 ½ minutes, Convection oven: 375 degrees F, 8-9

minutes.

Storage: Keep frozen at 0 F. until ready to use.

Shelf Life: 365 days if handled properly

Calories 158.16
Protein 13.96 grams
Carbohydrates 13.3 grams

Fat 5.56 grams Saturated Fat 1.32 grams

Cholesterol 46.57 milligrams

Fiber 10 grams

Vitamin A 119.04 IU

Thiamin 0.14 milligrams

Riboflavin 0.1 milligrams
Niacin 5.13 milligrams

Sodium 461.42 milligrams

Vitamin C milligrams

Iron 1.8 milligrams

Calcium 27.25 milligrams

% Calories from Fat 31%

Trans Fatty Acids 0 grams