

Date: March 6, 2014

NUTRITION AND INGREDIENT STATEMENT

106oz (#10) Pineapple Cocktail Tidbits in Pineapple Juice			PID 00553D	Rev 4
Nutrition	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Facts	Total Fat 0g	0%	Potassium 150mg	4%
Serving Size 1/2 cup (122g)	Saturated Fat 0g	0%	Total Carbohydrate 16g	5%
Servings about 25	Trans Fat 0g		Dietary Fiber 1g	4%
	Cholesterol 0mg	0%	Sugars 15g	
Calories 60	Sodium 0mg	0%	Protein less than 1g	
Calories from Fat 0	Vitamin A 0%		Vitamin C 30%	
*Percent Daily Values (DV) are	Calcium 0%		Iron 2%	
based on a 2,000 calorie diet.	•			
INGREDIENTS: PINEAPPLE, I	PINEAPPLE JUICE, AND (CLARIFIED PINE	APPLE JUICE FROM CONCENT	TRATE
(WATER, CLARIFIED PINEAP	PLE JUICE CONCENTRAT	E).		

106oz (#10) Pineapple Cocktail Tidbits in Pineapple Juice			PID 00553T	Rev. 5
Nutrition	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Facts	Total Fat 0g	0%	Potassium 150mg	4%
Serving Size 1/2 cup (122g)	Saturated Fat 0g	0%	Total Carbohydrate 16g	5%
Servings about 25	Trans Fat 0g		Dietary Fiber 1g	4%
	Cholesterol 0mg	0%	Sugars 15g	
Calories 60	Sodium 0mg	0%	Protein less than 1g	
Calories from Fat 0	Vitamin A 0%		Vitamin C 30%	
*Percent Daily Values (DV) are	Calcium 0%		Iron 2%	
based on a 2,000 calorie diet.				
INGREDIENTS: PINEAPPLE, F	PINEAPPLE JUICE, CLAR	IFIED PINEAPPI	LE JUICE FROM CONCENTRATE	
(WATER, CLARIFIED PINEAPI	PLE JUICE CONCENTRAT	E), AND CITRIC	ACID.	

Quality Assurance Dole Packaged Foods