



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Chicken Ring Things with DWE

CODE NUMBER: 4681 Case Wt: 20# CN# 086377 Donated Food/Case: 0

SERVING SIZE: 3.475 oz Servings/Case 92 Contribution: 2 M/MA Serving 1 Grain Serving*
5- .695 oz Rings = 1 - 3.4 oz serving *Calculation for grains based on 16 grams creditable per ounce.

UPC #: 75632 04681 5 Gross Cs Wt. 21.45# Case Dim: 15.8 L x 11.8 W x 9.5 H Cube: 1.02 Pallet: Ti 10 Hi 8 Cs/Pallet: 80 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken breast "Rings" produced from young broilers. No added soy products. Unique "Ring Shaped" breast nugget to be batter breaded with Whole Grain enriched wheat flour. 5 "Rings" @ 0.68 oz each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain serving. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	216	Carbohydrates (g)	11
Fat (g)	12	Dietary Fiber (g)	2
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	16
Cholesterol (mg)	105	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	88
Vitamin C (mg)	1

Minerals

Sodium (mg)	356
Calcium (mg)	22
Iron (mg)	1

Signature

9/15/13

Date



Fully Cooked

4681

Whole Grain Chicken Ring Thing Nuggets

Breaded Ring Shaped White Chicken Patties

INGREDIENTS: White Chicken, Water, Dried Whole Egg, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), White Pepper, Onion Powder, Garlic Powder. **Breaded and Preduced With:** Whole Wheat Flour, Salt, Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Dextrose, Spice, Extractives of Turmeric and Paprika. **Battered With:** Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt.

CONTAINS: EGG, MILK AND WHEAT

Distributed by: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
Gold Kist Farms and Ring-Things is a registered trademark of Pilgrim's Pride Corporation
Product of USA

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.

"Copy not for documenting
Federal Meal Requirements"



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