



McCain® OVATIONS® REDUCED SODIUM CRINKLE CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCF03761

NUTRITION FACTS	
Serving Size 2.06 oz. (58g) FROZEN *	
Amount per Serving	
Calories 90	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Potassium 220mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber <1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 0%	Vitamin C 4%
Calcium 0%	Iron 2%
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Dextrin, Dextrose, Extractives of Paprika (color), Gum Arabic, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maltodextrin, Natural Flavor, Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Succinic Acid, Xanthan Gum.	

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.06 oz of McCain fries.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-47)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	38.72	1/2 cup cooked vegetable	2.58

McCain Equivalent per Case			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	232.31	1/2 cup cooked vegetable	0.43

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, CC, Low	1.98 oz by weight	X	16.2 / 16	2.004
A. Total Creditable Amount				2.004

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

11/16/2017
Date

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