



05/29/2014
 Ardent Mills
 Eleven ConAgra Drive
 Omaha, Nebraska 68102
 866-814-8498

Product Specification: Ultragrain® All Purpose Flour Blend T-2

Description: Ultragrain® All Purpose Flour Blend T-2 flour is the food prepared in the grinding and bolting of cleaned hard wheat other than durum. It is a blend of 55% Ultragrain® hard white whole wheat flour and 45% premium enriched refined wheat flour. This product is produced in accordance with good manufacturing practices and all applicable FDA regulations as amended.

Analytical *

Moisture 14.3% Maximum
 Ash 1.1 +/-0.2%@14%MB
 Protein 11.3% Minimum@14%MB
 Falling Number >300 Seconds

*AOAC or ACCC Intl Methods

Ingredient Listing: Whole Wheat Flour, Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid

Storage and Food Safety Instructions: Store in a clean, cool and dry area away from spices and other aromatic materials. Recommended storage conditions are <75 degrees F and <50% humidity. Flour is a raw agricultural product and must be thoroughly cooked before eating.

Shelf Life: 90 days at recommended storage conditions and good sanitary practices. Best if used within 60 days.

Kosher Certification: Parve, KOF-K Kosher Supervision.

Allergen Information: Contains wheat.

Sifting: Product is sifted prior to packing (bag) or loading (bulk).

Nutritional Information (100 g basis)

Calories (kcal)	349	Protein (g)	11.5	Sodium (mg)	2
Total Fat (g)	2.1	Ash (g)	1.1	Potassium (mg)	245
Saturated Fat (g)	0.35	Water (g)	11.92	Calcium (mg)	25.45
Monounsaturated Fat (g)	0.22	Vitamin A (IU)	5.85	Iron (mg)	3.96
Polyunsaturated Fat (g)	0.97	Vitamin C (mg)	0	Phosphorus (mg)	240
Trans Fat (g)**	0	Thiamin (mg)	0.64	Magnesium (mg)	86.6
Cholesterol (mg)	0	Riboflavin (mg)	0.32	Zinc (mg)	1.81
Total Carbohydrates (g)*	73.41	Niacin (mg)	6.13	Selenium (mcg)	70.7
Dietary Fiber (g)	6.97	Folate (mg)	107	Copper (mg)	0.31
Sugars (g)	0.37	Pantothenic Acid (mg)	0.53	Manganese (mg)	2.59

* Calculated

** Based on Analytical Results

Source: U.S. Department of Agriculture, Agricultural Research Service. USDA National Nutrient Database for Standard Reference, Release 25. Nutrient Data Laboratory Home Page, <http://ndb.nal.usda.gov>

