

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: HC FS Sweet & Sour Chicken Code: 9464341662

Manufacturer: Conagra Brands Serving Size: 1 cup (284g)

## I. Does the product meet the Whole Grain-Rich Criteria: Yes $\square$ No $\boxtimes$

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product \_\_\_\_\_ Belongs:

| Description of Creditable Grain Ingredient* | Grams of Creditable<br>Grain Ingredient per<br>Portion1 | Gram Standard of<br>Creditable Grain per oz<br>equivalent<br>(16g or 28g)2 | Creditable Amount            |
|---|---|--|------------------------------|
|   | A   | B  | $\mathbf{A} \div \mathbf{B}$ |
|   |   |  |                              |
|   |   |  |                              |
| Total Creditable Amount <sup>3</sup>        | N/A   |  |                              |

<sup>&</sup>lt;sup>3</sup>Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

## Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

| Description of Creditable Vegetable Ingredient per Food Buying Guide (FBG) | Vegetable<br>Subgroup | Ounces per Raw<br>Portion of<br>Creditable<br>Ingredient | Multiply | FBG Yield/<br>Purchase Unit | Creditable<br>Amount <sup>1</sup><br>(quarter cups) |
|--|-----------------------|--|----------|-----------------------------|---|
| Carrot small (baby)  | Red/Orange            | .81  | X        | 10.9/16=.68                 | .55=.50= 1/8c R/O                                   |
| Total Creditable Vegetable Amount: rounded down to                         |                       |  |          |                             | Please see above                                    |

## **Meat Component**

| Meat Component  |   |          |                            |                       |
|---|---|----------|----------------------------|-----------------------|
| Description of Creditable  Meat Ingredients per Food Buying Guide | Ounces per Raw<br>Portion of Creditable<br>Ingredient | Multiply | Food Buying Guide<br>Yield | Creditable<br>Amount* |
| Chicken Tenders   | 1.8   | х        | 11.60/16=.72               | 1.2                   |
|   |   |          |                            |                       |
|   |   |          |                            |                       |
| A. Total Creditable Amo   | 1.00  |          |                            |                       |

<sup>\*</sup>Creditable Amount – Multiple ounces per raw portion of creditable ingredient by the Food Buying Guide Yield

I certify the above information is true and correct. This estimate of equivalents has not been evaluated by the FNS, or USDA.

| David Schuett MS RD | Sr. Nutritionist |  |  |
|---------------------|------------------|--|--|
| Signature           | Title            |  |  |
| David Schuett MS RD | 7/8/21           |  |  |
| Printed Name        | Date             |  |  |